



# Newsletter

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Fifth Issue

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## The PHKAN 2013 Fellowship Conferment

The Provisional Hong Kong Academy of Nursing (PHKAN) held its second Fellowship Conferment in Rotunda two of Kowloon Bay International Trade and Exhibition Centre on 4 May 2013. The conferment ceremony was officiated by Dr. Leong Che-hung, Patron of PHKAN, and Dr. Ko Wing-man, the Secretary For Food & Health. Besides, Dr. Frances Hughes, the Chief Nursing and Midwifery Officer for Queensland Health, delivered a keynote speech on nursing professional development and the impacts of nursing on health service delivery.

This year 798 specialty nurses were conferred as Fellows. Along with those previously conferred, the PHKAN is now having over 2300 Fellows working together to lead and develop our new generation of specialty nurses. During the ceremony, the PHKAN presented six outstanding individuals as Honorary Fellows for their significant contributions to the development of nursing profession in Hong Kong. These six Honorary Fellows are: Prof. Yeoh Eng Kiong, Ms. Jessie Childe, Ms. Guo Yanhong, Dr. Li Xiuhua, Dr. Frances Hughes, and Prof. Angela McBride. With sincere gratitude to all the preparatory committee members and helpers for their dedicated works, the ceremony was a great success and joyful event.



Immediately following the conferment ceremony, the PHKAN together with the Hong Kong Council on Smoking and Health (COSH) held a signing ceremony of the Hong Kong's first Nursing Charter on Tobacco Control. In the presence of Dr Ko Wing-man, Secretary for Food and Health, Dr Constance Chan, Director of Health, and Dr Cheung Wai-lun, Director (Cluster Services) of Hospital Authority, Ms Lisa Lau, Chairman of COSH, Dr Susie Lum, President of the PHKAN, and Presidents of the 14 Colleges of the PHKAN together signed the Charter. The signing ceremony signified the collaboration and determination of healthcare professionals in making Hong Kong a smoke-free city. It was also a milestone in the history of nursing in Hong Kong.

**NURSING CHARTER ON TOBACCO CONTROL**

- To be role models of being non-smokers
- To assess and arrange smokers to quit smoking
- To give health advice on the harms of smoking to the public

## Report from Accreditation Committee

The revised version of the Accreditation Manual had been issued on 3 December 2012. The 2013 Re-accreditation of Academy Colleges was completed in February. Colleges whose submission had covered essential areas in the Self-study Report were recommended with 1 year provisional accreditation. Colleges of Critical Care Nursing, Midwives and Surgical Nursing were granted with 2 years' accreditation period as they provided more comprehensive reports. A sharing session on the good practices in the compilation of the Self-study Report was organized on 2 March 2013.

## Report from Fund Raising Committee

The progress of the application for Charitable Organization by the Legal Advisor is still pending after the submission of past year report on community work held by PHKAN. Meanwhile, only small scale fund raising activities will be organized. Members of the Fund Raising Committee include Dr Sylvia FUNG, Dr Esther WONG, Ms Gloria LUK, Ms Betty AU, Ms Winnie CHENG, Dr Alice TSO (Chair). The Committee intended to organize raffle ticket fund raising at the annual event of IND held on 4th May with prizes for the raffle tickets being sourced, however, the IND Dinner Organizing Committee has eventually turned down our fund raising activity at the event, due to overwhelming donations of prizes for the lucky draw received from sponsors. A donation box was only placed at the dinner reception with HK\$4,000 received.

A fundraising film show will be organized at the Jockey Club Auditorium of HK PolyU on 13th August this year, please refer to the information under "Upcoming Events" for details.

## Report from Professional Development Committee

### Leadership Workshop

On 24 May 2013, Professor Angela Barron McBride hosted a workshop for PHKAN fellows on "The Growth & Development of Nurse Leader", she inspired audience to position themselves to be a leader in a claimed area, in the organization, and within the profession and health care. She also highlighted importance on integrating vision and reality as they strive for excellence in the 21st century.

### Work group on expert panel met in Feb 2013.

A media training session will be organized on 3 August 2013 to enhance fellows' skills to respond to social events and to face media.

### Guiding Principles for Continuing Nursing Education (CNE)

A Manual on Guiding Principles for Continuing Nursing Education (CNE) has been drafted and circulated among Academy Colleges for comments. CNE is a continuous life-long learning process. It serves to develop and update the knowledge, skills and competencies of Members/Fellows, enhance professional performance and ensure them to remain competent throughout their career. Individual College will decide the number of CNE points to be awarded to different activities in consideration with their specialties' nature. For specialist registration, a fellow shall be certified to have fulfilled the stipulated CNE requirements for an entire CNE cycle of 3 years - 60 CNE points of which 45 points should be specialty-related.

## Report from Registration & Membership Committee

Academy colleges will be inviting 2014 fellowship applications in the last quarter of 2013.



# Report from Promotion & Public Relations Committee

## 2013 World Health Day's Health Carnival

There were downpours on the night of 5th April 2013. Then we were blessed with fine weather when the World Health Day's Health Carnival began in the morning of 6th April 2013 at the Southern Playground in Wan Chai. The slogan for this year was "High Blood Pressure means High Risk, Good Nursing is Beneficial to Good Health". Our objectives were to raise the public awareness on the causes and consequences of high blood pressure, and to encourage them to have regular blood pressure checking as well as to change life behaviours that can lead to hypertension.

Our event received the full support from both Hospital Authority and Department of Health reflecting their recognition of PHKAN. Furthermore, our patrons and advisers together with other prominent leaders including Dr. Hon. LEONG Che-hung, Dr. Hon. LEE, Kok Long, Joseph, Dr. KO Wing Man, Ms. Anna TANG, Professor Sophia CHAN, Dr. CHEUNG Wai Lun, Dr. TUNG Sau Ying, and Ms. CHEUNG Suk Man officiated the opening and gave encouraging remarks to support our effort in promoting health to the community.



All 14 Academy Colleges were in full gear and organized over 20 innovative and informative booth exhibition, health talks, health checks & health game booths that attracted over 4,000 public participants. There were also demonstrations and return demonstration of "Pat Tuen Jin (八段錦)" and "Basic Life Support" which attracted over 100 people practicing together on the floor, bringing the event to its climax. To promote the public awareness of Advanced Practice Nursing, Fellows of the 14 Academy Colleges took turns to host the 2 Advanced Practice Nurse Booths providing health advice and health counseling services to visitors on site.

Many families came to learn about healthy lifestyle as a weekend activity. Many publics welcomed the Health Carnival, I could remember one visitor praised the nurse "護士都咁叻! 你解得好清楚呀!" after the health counseling session. Looking forward to 2014 Health Carnival!





# Report from Promotion & Public Relations Committee

## TVB interview

On 1 April 2013 the TVB family programme 「都市閒情」 interviewed the PHKAN president Dr. Susie Lum and the stroke nurse specialist Mr. Edward Shum about stroke. Public concern for this health topic has been growing over the years for the fact that in the past 20 years around 10 people died from stroke each day; 30-40 people lost their job or abilities to live independently as a result. Aging population also increases the demand of healthcare resources for this illness. To enhance public knowledge in this increasingly common fatal illness, during the interview Dr. Lum and Mr. Shum gave a comprehensive overview of stroke from its risk factors, symptoms, diagnosis to methods of prevention. In addition, they also made use of this excellent interview opportunity to publicize the health carnival on 6 April as one way to more effectively teach the public about stroke-related information.



## International Nurses Day – Radio Interview on 5th April 2013

The Radio presentation to the public as one of the series for International Nurses Day 2013 was done on 5th April. The participants included Sylvia FUNG Vice-President (Internal Affairs), Gloria LUK President of the Academy College of Paediatric Nursing and Helena LI Treasurer of the Academy College of Medical Nursing. The focus of discussion has been on the passion and compassion of nurses in their work of maximizing the health for all. Sylvia has presented the 10 tips on supporting and sustaining nurses in facing all challenges. These include the attitude, skills and resilience that are essential in our daily work. Helena further highlighted the roles of nurses are to safeguard health for all meaning the nurse, the patient and the community. To combat the recent crisis brought by H7N9, nurses have to enforce personal protection by taking balance diet, vigilant hand hygiene and least of all, keeping alert and relax at the same time. Health education is very essential in the nurse's daily duties and the audience includes the nurse and his/her family; patients and families. Health education is not limited to lectures; but adopting a healthy life style will speak louder. Gloria explained further on the specialty development of the Advanced Practice Nursing in Hong Kong and the establishment of the 14 academic colleges of the PHKAN. The roles of PHKAN in enhancing nursing standard and promoting the improvement of health care for Hong Kong citizens were also explained.



# Report from Promotion & Public Relations Committee

## Report on RTHK3 Broadcast Programme “Backchat” on Anti-hypertension

On 12<sup>th</sup> April 2013, a live-broadcast programme, “Backchat”, was hosted by Hugh CHIVERTON and Danny GITTINGS at RTHK 3. Ms Frances CHIU representing the Provisional Hong Kong Academy of Nursing Limited (PHKAN) was one of the invited guests in the programme (guests include two doctors from HKAM, a nurse from PHKAN and one Physiotherapist and one Occupational Therapist). The event was co-ordinated by the Department of Health in response to the WHO theme of hypertension for 2013. In the programme, an overview of hypertension was discussed. Preventive measures such as dietary advice, stress reduction, relaxation, life style modification, regular exercises and smoking cessation were also elaborated in great details. Besides, nurses’ role on individualized patient education and empowerment was emphasized. The audio record of the broadcast is available at the following link:

<http://programme.rthk.hk/channel/radio/programme.php?name=radio3/backchat&d=2013-04-12&p=514&e=214454&m=episode>



## Interview Report on Promotion of Organ Donation by Mass Media



Ms. Jenny KOO (古慧敏) is an active and enthusiastic organ transplant coordinator working in a local public hospital. Apart from playing her clinical roles in the organ donation process, she also promotes organ donation through being interviewed by mass media and delivering public seminars as well as running educational programs for schools, churches and other public organizations. As in the case of the interview by CCTV news (中央電視台新聞台), her message was broadcasted to all mainland Chinese.

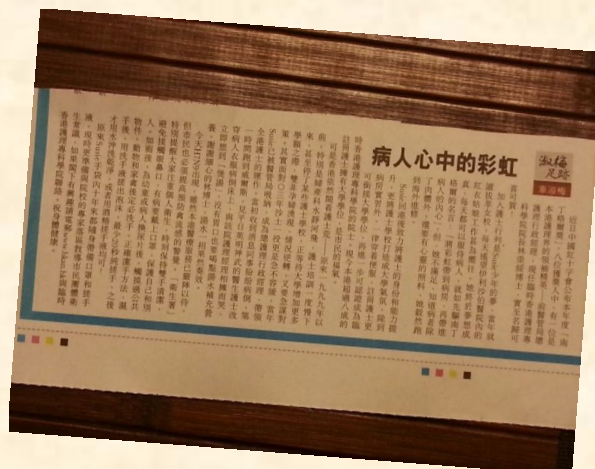
During these interviews, Jenny shared her achievements and difficulties, especially as a leader of transplant coordinators. Besides explaining her roles, she also told touching stories in her experience of taking care of donor families. In some occasions, Jenny invited donor families and organ recipients to join the interviews so as to demonstrate the positive outcomes of organ transplants and raise public awareness of organ donation. A summary of the media interview is listed below:

22/3/2013 by CCTV news (中央電視台新聞台); 29/4/2013 by Phoenix TV (鳳凰衛視) “醫 apps 最強”; 27/6/2013 and 7/7/2013 by ATV 感動香港 program and 2/7/2013 by Cable TV.

We are proud to inform you that Jenny and her team were invited to take part in “ATV 2013 感動香港週人物推選”. The TV programme broadcasted on **21 July (Sunday)** evening from 8:30 – 9:30pm in Home Channel (本港台) has started the voting for the “感動香港人物”, please cast your vote on-line at the ATV website <http://www.hkatv.com/v5/13/hklovingheart2013/content.html> during the voting period from **21 July through 25 July** by registering in “投票登記表格” and vote at “人物推選投票”. Your support to the nursing profession and organ donation by giving them a vote would be imperative!

## RTHK Interview - Dr. Susie Lum interviewed by Ms Candy Chea

Recently Dr. Susie LUM was awarded the prestigious Florence Nightingale Medal for her exemplary service and pioneering spirit in healthcare and nursing education. On 14 April 2013 Dr. LUM was invited to an interview broadcasted in the RTHK programme 舊日的足跡 hosted by Ms Candy CHEA. Dr. Lum mentioned being a nurse had been her teenage dream. During her tenure as the Chief Nurse Executive of the Hospital Authority, she developed specialty nursing/advanced nursing practice in the public hospitals and enhanced the role of the nurse specialist and directed nurse managers to fulfill the mission of managing the nursing services in crisis situations such as the SARS in 2003. Currently, as the Founding President of the PHKAN, Dr. LUM is prepared to go down to the community with other specialists in the Academy to promote hygiene knowledge to the public. The audio record of the broadcast is available at the following link: <http://programme.rthk.org.hk/channel/radio/programme.php?name=radio1/hkfootpath&d=2013-04-14&p=1144&e=214623&m=episode>





# Report from Promotion & Public Relations Committee

## Macau Nursing Symposium

AROUND THE NURSING WORLD – SHARING THE SAME DREAM TOWARDS ADVANCED NURSING PRACTICE

The nursing symposium entitled 新世紀之專科護理實踐研討會 was successfully held in Hospital Conde S. Januário, Macau from 27 to 28 April 2013. The venue sits at the peak of the Guia Hill, a government hospital overseeing the health of Macau citizens.

Invitations were sent to all 14 colleges of The Provisional Hong Kong Academy of Nursing, 11 Colleges were able to participate in the event. They were Hong Kong College of Education and Research in Nursing; the Hong Kong College of Nursing and Health Care Management; Hong Kong College of Medical Nursing; Hong Kong College of Gerontology Nursing, Hong Kong College of Critical Care Nursing, Hong Kong College of Perioperative Nursing; Hong Kong College of Surgical Nursing; Hong Kong College of Emergency Nursing; Hong Kong College of Orthopaedic Nursing; Hong Kong College of Paediatric Nursing; and Hong Kong College of Mental Health Nursing.

Through the two-day academic activity, specialists from various nursing fields in Hong Kong shared the recent development and visions in their expertise with over 300 Macau nurses from various institutions. The first day of the symposium began with Macau representative introducing the road of specialty nurse development in the Hospital Conde S. Januário. Following that, representatives from five Colleges presented. The second day of the symposium continued with presentations from the remaining six colleges and then discussion around advanced practice nursing in different specialty fields.

The symposium was such a memorable event and further academic exchange activities among nurses in Hong Kong, Macau, Taiwan and Mainland China will certainly foster the development of advanced nursing practice in Greater China.



## Up Coming Events

### 感動香港週人物推選

Please show your support to the organ donation and nursing profession.

Please cast your vote on-line at the ATV website <http://www.hkatv.com/v5/13/hklovingheart2013/content.html>

during the voting period from **21 July through 25 July** by registering in “投票登記表格” and vote at “人物推選投票” for our transplant co-ordinator 古慧敏 (Jenny KOO).

### Preparing Fellows to face the Media

Speaker : Ms Lavender CHEUNG  
Media & Public Relations  
Hospital Authority  
Date : 3 August 2013  
Time: 9:30 - 12:00 noon  
Venue: BC201 The Polytechnic University Hong Kong  
Target Participants: Fellows nominated by Colleges

### Charity Film Show

“Go Grandriders 不老騎士”

Date: 13 August 2013  
Time: From 7:30PM onward  
Venue: Jockey Club Auditorium  
The HK Polytechnic University

Tickets will be available via Colleges or PHKAN, please visit PHKAN Website: [www.hkan.hk](http://www.hkan.hk) for details.

## Editorial Panel

Dr. Teresa LI Ms. Helena LI Mr. Alick CHIU Dr. Esther WONG