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## Message from President

### Nurse, can you do it?



Lately I have encountered two scenarios posing a similar question, ‘Nurse, can you do it?’ Here below is a description of the episodes.

Currently, the Hong Kong government has formed a Steering Committee on Primary Healthcare Development. The establishment of community nurse clinics has been proposed in the discussion, as an effort to provide more accessible primary healthcare at the district level. A question has been asked, ‘Can the nurse manage any client walking in a community clinic with a health complaint?’

The second episode relates to a nurse running breast clinic and she helps post-operative patients to solve the problem of lymphoedema by executing the therapy of pneumatic compression. A question was asked, ‘Can the nurse conduct the therapy of pneumatic compression or should the patient be referred to other healthcare disciplines?’

I suppose if the nurses who manage the above two situations only have the basic qualification as a Registered Nurse, the answer is likely to be no. However, if we have nurses who have relevant level of experience with the combination of education in the related specialty areas of practice, these nurses are able to address the healthcare needs of the clients. In the first instance, the nurse needs to be good at health assessment, possess knowledge and skill in differentiating the root cause of the problems that may be associated with varied diagnoses so that s/he can intervene within his/her scope of practice and make referral as appropriate. In the second scenario, the nurse needs to be trained for the pneumatic compression therapy in her advanced specialty education so that the value-added competency can add to her other competencies in running the breast clinic. These nurses who acquire an expert knowledge base and have the clinical competencies who can deal with complex decision-making for expanded practice are called advanced practice nurses.

The Task Force on Specialization of Nursing Practice led by the Food & Health Bureau in the January 2018 meeting designated the Nursing Council of Hong Kong (NCHK) to explore guidelines on the scope of practice or/and core competencies of nurses with advanced expertise and standards and derive a mechanism by setting training standards and recognizing training institutes with a view to set up possible registry under the NCHK. This is a step forward to guard professional standards of nursing and protect the public.

When I am asked whether nurses can do it, I can answer ‘Yes, nurses can do it!’ The confidence comes from structured education and a formal system of certification and registration for advanced practice nursing, a mission that HKAN is striving for!

May I take the opportunity to thank you all for your professional dedication in safeguarding the health of Hong Kong, particularly during this challenging time of the flu season! Wish you all a healthy, happy and fruitful Year of the Dog to come!



Frances Kam Yuet WONG RN PhD FAAN FHKAN (Education & Research)  
President, The Hong Kong Academy of Nursing

# Strategic Planning Workshop 2018

## “Sustainable Development for Hong Kong Academy of Nursing”

The Workshop with the theme” **Sustainable Development for Hong Kong Academy of Nursing**” was held on 20 January 2018 (Sat) at the P.I.M.E Home at Clearwater Bay Road, Sai Kung. It was well attended with 57 representatives from different Academy Colleges. We were honored to have Dr. CHUI Tak Yi, Acting Secretary for Food and Health as our honorable guest. His speech to us was enlightening and encouraging. During the break, the team took the chance walking along the beach in beautiful scenery. In the workshop, we addressed our key strategic areas by different groups on (1) Local Branding and International Benchmarking, (2) Social & Political Engagement, (3) Speak Up and Speak Out with Evidence and (4) Grooming and Building Clinical Competence. Other than the above, Succession Planning and Development of the Academy was also our strategic foci. In conclusion, the workshop was very successful and fruitful with positive feedbacks from participants. Strategic actions would be implemented accordingly.

Opening address by Prof. Frances WONG,  
President of HKAN



Facilitated by Ms. Susanna LEE,  
Vice President of HKAN



Warm up exercise led by Dr. Susie LUM,  
Immediate Past President of HKAN



Great thanks to Dr. CHUI Tak Yi,  
Acting Secretary for Food and  
Health for his unfailing support



# The First Time Experience with Council on Licensure, Enforcement & Regulation

Report by Ms. Alice SHAM, Vice President (Education)

The Fifth International Congress on Professional and Occupational Regulation was held in Melbourne, Australia on 16-17 November. Prof Frances WONG (President) and Ms Alice SHAM (Vice President, Education) represented Hong Kong Academy of Nursing (HKAN) to attend the congress with objectives to learn the international experience and perspectives of advanced education and accreditation/regulation of professionals. We sought opportunities to learn and network with professionals from many different professional backgrounds and countries not only in healthcare.

The congress had wide coverage in issues which impacted on the professional regulations and how professionals should address these issues by renowned expert speakers. There were also several rounds of roundtable discussion in the participant groups during the two days. The discussions focused on establishing priorities, challenges and opportunities in occupational regulation. These roundtable discussions provided attendees from a variety of professions and international jurisdictions with an opportunity to share challenges and best practices related to the most current and pressing issues in occupational and professional regulation. Attending the congress, we had an inspiring and extraordinary experience in professional regulation which will certainly help us to bring further development and advances in the advanced nursing certification; and the statutory status of HKAN.

The followings are some highlights from the congress relevant to the works of HKAN for sharing:

**Striving for Continuing Competence:** There were two inspiring presentations: “Towards Revalidation in Australia” and “Untangling Workplace Situational Challenges: A Case for a New Way of Thinking in Professional Complexity” in Canada. The presentation on “Towards Revalidation in Australia” outlined the program of work and the consultation process of strengthening CPD for all doctors and early identification of those at risk of poor performance. In “Untangling Workplace Situational Challenges”, Systems Engineering principles were introduced and evidence from the healthcare context to tackle the question of how professionals adapt to complex workplace situations both individually and in teams were presented. The information informed us the world trend in continuing professional development and issues in self-regulation.

**Global Mobility and Entry to Practice :** speaker from World Education Services, in his topic “Navigating Through the Maze” discussed an international perspective in the recognition of foreign credential is one of the most important aspects of global mobility, however the process is riddled with challenges and issues – fraudulent academic credentials, diploma mills and concerns about academic corruption. A Specialist Accreditation Advisor from Australian Health Practitioner Regulation Agency (AHPRA) shared a similar topic “When One Size Does Not Fit All – Assessing International Qualifications within the Australian Registration and Accreditation Scheme” was covered by. She introduced that the laws that establish the National Registration and Accreditation Scheme in Australia provide the regulator with options to recognize international qualifications and a corresponding range of pathways to registration for individuals whose international qualifications are recognized.

**Governance and Accountability in Professional Regulation:** The National Director of Communications in AHPRA and the Chair of Community Reference Group Medical Board of Australia shared the work in “Establishing and Working with a Community Advisory Group”. Professor Ron Paterson of The University of Auckland also presented “How Do Regulators Maintain Public Trust and Confidence in the Face of Changing Public Expectation?” to explain laws and charters require regulators of professions to protect the public and to act in the public interest. Regulators must constantly balance the politics of public protection: responding to the concerns of regulated professions, while meeting public expectations.

In conclusion, we were glad to realize that HKAN is in the same direction and pace as other international professionals to develop and regulate our own professional practice. In the future we shall participate actively in the international forum and arena in advanced nursing practice development; and network and partner with regulatory bodies and education institutes to devote HKAN in this leadership. HKAN will continue to strive towards setting up the Hong Kong Academy of Nursing as a statutory body aiming at accrediting and regulating advanced practice nurses in order to safeguard the public’s interest to receive safe and quality health care services. HKAN is committed not only promoting the improvement of nursing care by developing continuing education for nurses and midwives but also fostering a spirit of collaboration in the nursing community through constant updates, exchange of information among nurses and health practitioners; and involve publics/community stakeholder for advice in the professional services.



The 5th International Congress on Professional and Occupational Regulation in Melbourne



## International Networking and Collaboration



24 – 26 August 2017  
“Nurses Meet Up” Session convened  
by HKAN, International Forum on  
Quality and Safety in Healthcare at  
Kuala Lumpur



21 October 2017  
Memorandum of Understanding was  
signed between HKAN and University  
of Newcastle, Australia

2 November 2017  
Visit of the Royal College of Nursing  
(RCN), United Kingdom to HKAN



# International Networking and Collaboration

7 September 2017  
與廣東省專科護理高級實踐大會  
簽署合作意向儀式

护理高级实践 羊城

教育中心 协办：广东省护理学会 广东省医院协会护理管理

2017



28 October 2017  
參與粵港聯合培訓專科護士研討會



2 November 2017  
上海同濟大學醫學院及附屬第十人民醫院護理代表到訪參觀香港護理專科學院

19 December 2017  
參與中華人民共和國香港特別行政區  
第十三屆全國人民代表大會代表選舉會議



8 January 2018  
出席粵港澳大灣區衛生與健康  
合作大會



粵港澳台口腔科領域合作  
粵港澳生活飲用水監管合作  
粵澳醫療事故鑑定合作協議  
粵港聯合培養認證專科護士項目  
惠港健康聯合研究中心  
粵港澳大灣區（江門）醫療健康交流中心





# Partnership and Stakeholder Engagement



27 July 2017  
Dinner with Medical representatives  
of Hong Kong Academy of Medicine



19 September 2017  
Fraternity Dinner with Nursing  
Heads of HA hospitals



19 September 2017  
Meeting with representatives from Society  
for Community Organization (SOCO)



29 September 2017  
Meeting with Nursing Heads and  
representatives of School of Nursing  
of CUHK, HKPU and HKU



9 October 2017  
Visit of Dr. David SUN, Deputy HCE, PMH



18 January 2018  
Meeting with Patient Support Group



16 December 2017  
Fraternity Lunch with Nursing  
Heads of private hospitals



# Social Engagement



28 August 2017  
Meeting with Dr. Regina CHING,  
Department of Health on promotion of  
Alcohol Fails program



22 September 2017  
Participating in Youth Caring  
Program of UpPotential



1 December 2017  
Attending 35<sup>th</sup> Anniversary of Tobacco Control  
in Hong Kong



12 November 2017  
Participating in the World Heart Day



1 December 2017  
Attending Alcohol Screening and  
Brief Intervention ceremony held by  
Department of Health



11 December 2017  
Visiting Correctional Services Department

# Speak up and Speak out with Evidence

9 August 2017

Prof. Frances WONG and Dr. Susie LUM were interviewed by RTHK 《千禧年代》 for their perspectives on Nurse Clinics.

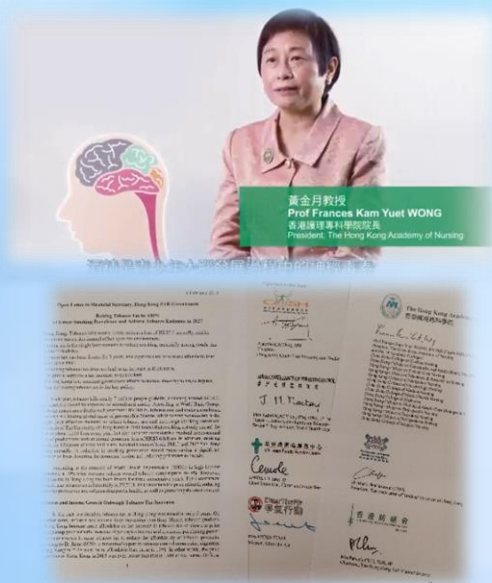
[http://podcast.rthk.hk/podcast/item\\_epi.php?pid=1012&lang=zh-CN&id=97480](http://podcast.rthk.hk/podcast/item_epi.php?pid=1012&lang=zh-CN&id=97480)



8 November 2017

Prof. Frances WONG on Centre of Health Protection video clip - "Alcohol Fails"

<http://www.hkan.hk/main/en/events/other-news/360-alcohol-fails>



Co-Signed Letter with COSH on tobacco control

HKAN Position Statement on alcohol



18 January 2018 Meeting with Patient Support Group

A constructive and fruitful meeting with the Executive Committee Members of the Hong Kong Alliance of Patients' Organization “香港病人組織聯盟” headed by Mr. YUEN Siu Lam, the Chairman was held. They supported and welcomed the setting up of “社區康健中心” They strongly believed the “社區康健中心” under the management of Advanced Practice Nurse would certainly benefit to the public in the community.



# Health Promotion and Public Relation Activities



26 October 2017 “護專關愛傳萬家”

Following the community health promotion activity held at San Po Kong, a health talk was organized in Sham Shui Po district. More than 200 elders attended this activity. The “Health Tips on Safe and Correct Handling of Medicine” delivered by Dr. Margaret Lam attracted most audiences. The participants left happily with useful bring home health messages as well as gifts from the donors.



13 January 2018 護專扶輪“老友所護”：愛老護腦大行動

Hong Kong Academy of Nursing and Rotary Club of Hong Kong Financial Centre jointly organized a series of program which cover 18 districts in the coming years. In the program, nurses would provide health talks and consultations to the elders, their family members and direct carers in the community. The theme of this year is “Dementia”. In the course of the project, a survey would be conducted on the health related needs of the public of the 18 districts in the community. The results collected would facilitate the planning of primary healthcare development in the community.

The kick-off ceremony was held on 13 January at Yau Tsim Mong District with Dr. CHUI Tak Yi, Acting Secretary for Food and Health as the officiating guest. Big applause to the HKAN Fellows who helped in the nursing consultation stations.

## Fund Raising Activity

10 December 2017 Charity Chinese Opera

The Rose Family performed a Chinese Opera ‘The Legend of Purple Hairpin’ (紫釵記) with the most famous performers at the Sunbeam Theatre (新光戲院). The event aimed at raising fund for the Hong Kong Academy of Nursing.



Over \$800,000 was raised at this charity show. Dr. LEONG Chi Hung, Patron of HKAN, Prof. Frances WONG, President of HKAN and Dr. Susie LUM, Immediate Past President received the cheque with great thanks. 14 College Presidents also thanked the audience for supporting this event.



Ms. Cynthia HUIE ROSE, the outstanding female protagonist of this opera is the Fellow of HKAN in Cardiac Nursing and she is the Matron (Chief Nursing Officer) of The Hong Kong Sanatorium and Hospital. HKAN is deeply grateful to the generosity and selfless contribution from her family.



## Professional Development Activities

“Embedding competency standards & assessment  
in advanced nursing practice”



The workshop was held on 30 Sep 2017 at 9:00 am – 13:00pm. Invited speakers were Dr. Marie GERDTZ and Ms. Natasha MORRIS, University of Melbourne, Australia. The workshop was fruitful and the responses were overwhelming.

“A Snap Shot of Nurse Practitioners’  
Development in Australia”



The talk was held on 21 Oct 2017 at 9:00 am – 11:00am. Invited speaker was Prof. Sally CHAN, University of Newcastle, Australia. The talk was informative and participants remarked the talk was extremely practical.

## Congratulations to Our Honorary Fellow

Ms. CHOY Wing Ping, Paula

Award of “Nurses’ Role Model” by the Guangdong Province Nurses’ Association 2017



### 行微知著大愛無疆 - 護士楷模蔡永平太平紳士

一句“護理不是這樣的，護理應該是這樣的”，支撐她用半生歲月走過大半個中國的城市鄉村，傳播護理文明，她用20年時間行走在清新縣的街鎮，探索中國農村城鎮化轉型過程中護士獨立服務的社區衛生之路。

20年後的今天，以基層為重點寫入健康中國大業，寫入衛生工作方針，我們更加體會她堅持不懈的赤子心，一句“護士是可以做得到的”，她籌自家資金，帶著我們，帶著護士眼見為實，去香港最好的醫院，護理院，養老院，看社區護理，看居家護理，看康復護理，她以尊貴之身行卑微之事，俯首甘為。她的人格魅力，領袖氣質，影響無數後人。她以在專業和社會的崇高威望，為中國護士搭起通往世界的旅程。



  
Congratulations



# Congratulations to HKAN Fellow Awardees on the Outstanding Staff & Young Achiever Award of KEC Recognition Scheme 2018.



**2018 Outstanding Staff of KEC Recognition Scheme 2018**  
**Ms. YAM Wai Lin (任惠蓮女士)**  
Fellow of the Hong Kong Academy of Nursing (Paediatrics)

**2018 Young Achiever Award of KEC Recognition Scheme 2018**  
**Ms. NG Sze Ka (吳詩嘉女士)**  
Fellow of the Hong Kong Academy of Nursing (Paediatrics)



  
*Congratulations*

## Congratulations to HKAN Fellow Awardees on "The Healthcare Spirit Awards 2017" organized by the Classified Post



**For award of The Excellence Award for Spirit in Nursing:**  
**Ms MAK So Shan** – FHKAN (Medicine – Oncology)

**For the award of The Spirit in Nursing /Carework (Team Award)**

– For PWH Nursing Team” as nominated by Ms. Becky HO.

**Representatives for the awards are:**

**Ms HO Pui Yee, Becky** - FHKAN (Nursing & Health Care Management)

**Ms TAM Oi Foon, Sammei** - FHKAN (Critical Care) & FHKAN (Nursing & Health Care Management)

**Ms HO Ka Man** - FHKAN (Critical Care)

**Ms CHAN Sin Ping** - FHKAN (Critical Care)

**Mr CHUI See To** - FHKAN (Surgery)

**Ms CHUNG Yuen Man, Josephine** - FHKAN (Emergency)

**Ms YIU Lai Ping, Alice** - FHKAN (Medicine)

**Ms CHAN Yuk Ming Ada** - FHKAN (Paediatrics)





## Fellow Sharing Column

### Fellow (3F) Activity – Tze Shan Monastery



9 December 2017

Ms Carmen HO, succeeded the chairmanship from Dr. Esther WONG, led the 3-F members to 慈山寺 at Tai Po. The weather was superbly beautiful with a group of beautiful heart fellows.



30 December 2017

at 50<sup>th</sup> Anniversary of Community Nursing Services

### Fellow Y(Young) Achiever Sharing Column

廣東省肇慶市醫院兒科護士進行為期2天的研討會

肇港两地“婴幼儿循证护理”培训班



## Reaccreditation Exercises

The vetting of College applications for re-accreditation in 2018 was scheduled on 3 February 2018.

Applications were received from:

Hong Kong College of Gerontology Nursing

Hong Kong College of Medical Nursing

Hong Kong College of Nursing and Health Care Management

Hong Kong College of Orthopaedic Nursing

Hong Kong College of Perioperative Nursing

## College Membership Program Assessment Exercises

Most of the Colleges had submitted the membership programs for assessment. The validity of approval to provide examination/assessment in certifying Ordinary Members and Fellow members is 2 years. The programs approved in 2016 are due for re-assessment in 2018.

## Assessment visits

Hong Kong College of Mental Health  
Nursing on 11 November 2017



Hong Kong College of Medical Nursing  
(2 subspecialties - Infection control &  
Rehabilitation) on 2 December 2017



## Registration & Membership

### Renewal of Fellow Membership for 2017-2018

College	2017	College	2017
HKCCN	135	HKCMHN	106
HKCCPHN	261	HKCM	178
HKCCCN	189	HKCNHCM	119
HKCERN	119	HKCON	143
HKCEN	179	HKCPN	297
HKCGN	71	HKCPON	243
HKCMN	464	HKCSN	271

The total renewal of all 14 Colleges is 2775 (updated on 31 Dec 17)

HKAN welcomed the following batch of Ordinary Member (17/18) from 7 Academy Colleges.

College	Name in English	College	Name in English
HKCCCN	LEE Chung Yan Margaret	HKCMN	CHAN Sze Man
	TO Tik Hang		CHEUNG Yin Shuen
	TSOI Shing Chi		CHIU Pui Chi
	WONG Sai Wing		CHOI Wai Mun
HKCERN	CHEUNG Mei Ki		CHOY Wing Yee
	CHOW Ka Ming		CHU Chung Ho
	LAM Ho Yan		LAM Shuk Man
	LO Wai Sze		LAM Yuen Hung
	Mak Ka Po		LI Ching Man Lucia
	TANG Pui Yin		LIN Shan Yu
	TANG Wing Ki	WONG Chi Ho Billy	
	WONG Cho Lee	WONG Ka Yee	
	WONG Sze Wing	WONG Wa Mei	
	YEUNG Wing Yan	LAU Nga Wai	
HKCEN	CHEUNG Kai Yeung	HKCNHCM	LEUNG Chun Pong
	HA Pui Kwan	HKCSN	LAU Mo Ching
	YAU Tai Loi		LI Man Chun
HKCPN	LEUNG Tsz Kwan		TANG Pui Yin
	NG Wa Yung	WONG Kwok Ying	

## Upcoming Events and Activities

Events & Activities	Date and Time	Venue
Professional Regulation: an International Perspective from CLEAR (Council on Licensure, Enforcement & Regulation)	3 March 2018 (Sat) 10:30 a.m. - 11:30 a.m.	LG2, School of Nursing, PMH
Extraordinary General Meeting	3 March 2018 (Sat) 11:30 a.m. - 12:30 a.m.	Conference Room, HKAN
Medical-social Collaboration (Tentatively)	17 March 2018 (Sat) 9:30 a.m. - 11:30 a.m.	LG2, School of Nursing, PMH
護專扶輪”老友所護”：愛老護腦大行動	24 March 2018 (Sat) 10:00 a.m. - 12:30 a.m.	Sham Shui Po
Health Carnival Day 2018	7 April 2018 (Sat) 10:00 a.m. - 5:00 p.m.	Wong Tai Sin
Fellowship Conferment 2018	12 May 2018 (Sat) 2:00 p.m. - 5:00 p.m.	Chiang Chen Studio Theatre (蔣震劇院), at HK PolyU
2018 IND Seminar Speaker : Prof. YUEN Kwok Yung Topic : Control of antimicrobial resistance	12 May 2018 (Sat) 5:30 p.m. - 6:30 p.m.	Meeting Room 632-635, 6/F, at KITEC
2018 International Nurses Day (IND) Celebration Dinner	12 May 2018 (Sat) 6:30 p.m. - 10:30 p.m.	Rotunda 3, 6/F, at KITEC



**恭賀新禧**  
**Happy Chinese New Year 2018**  
**狗年工作愉快，身體健康！**

### Recruitment of Volunteers for HKAN

Profession / Publicity / Fund-raising

If you are interested, please send email to [info-enquiry@hkan.hk](mailto:info-enquiry@hkan.hk)



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