



THE PROVISIONAL HONG KONG ACADEMY OF NURSING FELLOWSHIP CONFERMENT CUM NURSING SYMPOSIUM 9 MAY 2015



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CONGRATULATORY MESSAGE



Dr. KO Wing Man, BBS, JP
Secretary for Food and Health
Food and Health Bureau
HKSAR

二零一五年國際護士節慶祝晚宴

護
愛
蔭
暖
杏
林
病
困

食物及衛生局局長高永文



CONGRATULATORY MESSAGE



Prof. CHAN Siu Chee Sophia, JP
Under Secretary for Food and Health
Food and Health Bureau
HKSAR

二零一五年國際護士節慶祝晚宴

敬業宏仁
護德揚芬

食物及衛生局副局長陳肇始



CONGRATULATORY MESSAGE



Dr. LEUNG Pak Yin, JP
Chief Executive, Hospital Authority

臨時香港護理專科學院
院士頒授儀式暨慶祝國際護士節

護理用心關愛
專業創新求精

醫院管理局行政總裁梁栢賢



CONGRATULATORY MESSAGE



Ms. TSUI Sau Han Shirley

*Principal Nursing Officer,
Department of Health
HKSAR*

I am very delighted and honoured to join the International Nurses Day celebration today to commemorate the birthday of Florence Nightingale - our founder of modern nursing and social reformer.

The theme for this year's celebration is "Nurses: A Force for Change-Care Effective, Cost Effective", which calls attention that nurses are well positioned to drive improvements on efficiency and effectiveness in the healthcare system while providing quality care and attaining optimal patient and population outcome. In the nursing history of Florence Nightingale, she worked hard to educate herself in the art and science of nursing. She not only had a pivotal role in the development of modern nursing, but also acted as a health advocate well ahead of her time. Her voice was strong, serving as an effective promoter on a number of important health issues, influencing public policy and achieving health care reform. With Nightingale's pledge and words of wisdom in mind, we are proud to say that she still serves as our role model today. We must continue striving constantly for excellence and perfection in the nursing profession.

Today I would like to take this opportunity to extend my appreciation to nurses of Hong Kong for your commitment and dedication in providing high quality care to patients and the public. The pursuit of health is not only for the well-being of individual citizens but also vital for the overall development in the community. So let us keep up the good work and I look forward to your ongoing contributions!

Lastly, I wish you all a joyous International Nurses Day celebration!

CONGRATULATORY MESSAGE



Ms. LIU Wai Han Jane

*Chief Manager (Nursing) / Chief Nurse Executive,
Hospital Authority*

I congratulate The Provisional Hong Kong Academy of Nursing (PHKAN) on the celebration of its fourth Annual Fellowship Conferment cum the International Nurses Day 2015.

Throughout decades, nursing practice, described as the “backbone of healthcare systems” worldwide, forms the very essence of primary health care. Nurses are well trained and equipped for maintaining the health and wellness of the patients in all aspects like physically, psychosocially, spiritually, and so on. As the pillar of quality in healthcare, nurses undertake an active role in enhancing professionalism in nursing care services. They are at the core of attaining the best possible healthcare quality while maintaining the cost balance.

With “Nurses: A Force for Change – Care Effective, Cost Effective” as the theme of PHKAN for this year’s celebration, it signifies the contribution that nurses make nowadays. Nurses are in such a position that they are proactively to find out the potential and actual problems, make recommendations and sort out the issues systematically as to fulfill a mission of attaining a sustainable and effective healthcare system for the community.

In meeting the future challenges of healthcare demand from Hong Kong’s growing and ageing population, the efforts made by the PHKAN in developing nursing professionalism as well as upholding the highest professional standard are deeply appreciated by the profession and the community.

Once again, I would like to take this opportunity to express my sincere gratitude and warmest congratulations to the nurses for their continuous commitment and strive for advancing professional excellence. I am confident that the PHKAN will continue to grow and flourish in the pursuit of professional excellency for our nursing profession in Hong Kong.

PATRON'S ADDRESS



Dr. LEONG Che Hung, GBM, GBS, OBE, JP
Patron, The Provisional Hong Kong Academy of Nursing

I write to thank The Provisional Hong Kong Academy of Nursing for the invitation to deliver a patron's message on your Annual Fellowship Conferment Ceremony.

In thanking you, let me offer my sincere congratulations to the leadership for bringing the Academy to the state today; to the organizing committee for staging this very solemn and meaningful ceremony; and the nursing profession for their unwavering support to the Academy.

Today's conferment ceremony is very special, it will be officiated by the Secretary for Food and Health. The Secretary's presence signifies the Hong Kong SAR Government's support and recognition of the need for specialist nurses and her confidence that the Academy is the professional body to bring this forward.

My hearty congratulations go to all the Fellows of PHKAN. You are now on your way to assume the role of specialist nurses to deliver an even more state of the art care to the patients you serve.

Congratulations are also due to the Academy for honouring seven dignitaries with the Honourary Fellowship, the highest honour that the Academy can bestow.

These are people who have contributed in no small ways to the healthcare profession and services. Let me stress that by accepting the Honourary Fellowship they are honouring the Academy.

Today's conferment ceremony takes place together with events to celebrate the International Nursing Day with the theme "Nurses: A Force for change - Care Effective, Cost Effective". This is most appropriate as it will provide a platform for the profession and the Academy to explore the enlarging role of the profession to cope with the needs and changes of the society. More importantly, the profession and the Academy should take on the responsibility to be a change agent for healthcare and the society.

To the Academy, keep up with the much needed good work.

PRESIDENT'S ADDRESS



Dr. LUM Shun Sui Susie

President, The Provisional Hong Kong Academy of Nursing

It is my greatest pleasure to welcome all of you, our honorable guests, and friends from Beijing, Guangdong, Macau and Fellows of the Academy here today to take part in the 2015 Annual Fellow Conferment Ceremony of The Provisional Hong Kong Academy of Nursing (PHKAN). The Ceremony of this year is rather special, as we are only conferring Honorary Fellowship. And yet our nurses, regardless the honor, are ceaselessly summoning their courage and willingness to contribute and to embrace challenges and changes for a better healthcare and nursing environment for every Hong Kong resident. In this regard, senior nurses take an important responsibility of being a role model for our junior nurses to learn the noble values and beliefs of the nursing profession such as how to be a professional caring nurse who understands the importance of considering patients' needs and feelings across their illness trajectory. Our older patients may have more reluctance to disclose their feelings publicly, thus being sensitive to patients' inner feelings is therefore especially crucial for providing our aging population with quality nursing services. Being our tradition since 2012, this year the Academy has the great honour to bestow Honorary Fellowship to seven inspirational leaders, namely: Ms. Grace Chan, Mr. Chan Wai Hei, William, Dr. Cheung Wai Lun, Dr. Tanya D. Whitehead, Mr. William Har, Dr. Tung Sau Ying Nancy, and Mr. Yen Yuen Ho, Tony. I have to reiterate that this is not only the Academy's honour but also a personal extraordinary privilege as President to extend the Academy's congratulations to all of them. Words are just too few to express our gratitude for their selfless contributions to healthcare, nursing and the community.

To advance the professionalism, knowledge and practice of the nursing profession, the PHKAN has been active in both local and oversea healthcare arena. At the international level, we have a privilege to be represented in two major international Advanced Practice Nursing events in summer of 2014. In July, the International Advanced Nursing Symposium was held in Philadelphia and in August, we participated in the 8th ICN INP/APNN Conference in Helsinki. The role of advanced practice nurses (APNs) is growing worldwide. APNs are Registered Nurses who have acquired the expert knowledge base, complex decision-making skills and clinical competencies for expanded practice. Approximately 70 countries have established or are in the process of establishing APN roles. The current upsurge in international interest in APNs presents a unique window of opportunity for health leaders to maximize APNs' impact on expanding access to primary care, containing costs, and improving health. Lack of access to primary health care and health care provider shortages are universal problems in developing and developed countries alike. The development of APN-based solutions to these challenges has the potential to positively impact the health of people in all countries. When allowed to practice at the fullest extent of their education and licensure, APNs can catalyze change and improve health among diverse populations worldwide. This is indeed the mission of the PHKAN.

In terms of our work in Hong Kong, we submitted our formal request to establish the Hong Kong Academy of Nursing to the Food and Health Bureau's Nursing and Midwifery Manpower Subgroup in September 2014 and an informal meeting was held with the Bureau in November 2014. The submission received great support from 6 private hospitals, 10 nursing organizations and 14 Academy Colleges of PHKAN and 3 Colleges of the HK

PRESIDENT'S ADDRESS

Academy of Medicine. In addition, 11 hospital chief executives, 10 nurse leaders and 1221 fellows have signed up for the support individually. Together with the strong supports from different stakeholders, it confirms the need to establish a statutory HK Academy of Nursing to regulate specialist-nursing practice and to protect the public. Understanding the importance of maintaining high standard specialist-nursing practice for public good, this year we also formed the new Education Committee in preparation for the examinations for Members and Fellows in the coming year.

The journey of working towards the HKAN statutory status is ongoing and involves lots of challenges. However, with positive energy, painstaking spirit and confidence comes the passion and motivation to continue our work in making a clear and loud voice to the government officials that Hong Kong needs a statutory organization dedicated to advance the nursing profession for a better and healthier Hong Kong. Striving to upgrade the professional image of Hong Kong nursing in the globe, I am honoured to announce that the 9th ICN INP/APNN Conference will be organized in Hong Kong in 2016. Moreover, I, as the President of the PHKAN, have been invited to attend the Global advisory Panel on the Future of Nursing (GAPFON) meeting in Seoul, South Korea in June 2015 convened by the Sigma Theta Tau International (STTI) and represented by WHO Western Pacific and South East Asia regions. The meeting is expected to be a great platform for each country representative to share insight and direction of the regions needs concerning nursing and global health. I look forward to sharing with you about the highlights of the meeting later.

Undeniably, I am always mindful that all these achievement could be possible only if we have a large team of supporters, who are inspirational and passionate leaders, walking with us through this long journey. Just to name a few. With that being said, I would like to offer special thanks to Dr. Leong Che Hung, our Patron, for his unfailing nonstop support and valuable guidance to the Academy from day one of our establishment. To our many Advisors either locally or overseas, my heartfelt thanks for contributing their wisdom and precious time to our work. To Mr. Lester Huang and his team, we applaud and thank them for their dedicated effort to help us obtain the charitable status IR88 in January 2015, we shall be raising fund to assist our Fellows to reach out for more community services. We look up with deep appreciation to our healthcare representative in LegCo The Hon. Prof. Joseph Lee support and advise. Mr. Tony Yen and Mr. William Chan, our grateful thanks for advising and assisting us in drafting of the Academy Bill, and in accounting and auditing domain of our work. Last but not least, my deep gratitude goes to all the Council Members, Academy Colleges, Organizing Committee Members, volunteers, friends of nurses and staff for their dedicated contributions and determination in growing the Academy together. A huge thanks to you all for sharing our dreams and passion.

Finally, I would like to quote from our President Xi Jinping - A man with a dream: Happiness does not fall out of the blue and dreams will not come true by themselves. We need to be down-to-earth and work hard. We should uphold the idea that working hard is the most honorable, noblest, greatest and most beautiful virtue. YES, we need to work hard to achieve our dreams. May God bless you all with joy, love, happiness and good health.

CONGRATULATORY MESSAGE



Dr. CHAN Hon Yee Constance, JP

*Director, Department of Health, HKSAR
Advisor, The Provisional Hong Kong Academy of Nursing*

It gives me great pleasure to congratulate all the Fellows of The Provisional Hong Kong Academy of Nursing. I would also like to extend my heartfelt thanks to our nurses on this festive occasion of the International Nurses Day, for their contributions to the healthcare system in Hong Kong.

The theme of 2015 International Nurses Day is "Nurses: A Force for Change - Care Effective, Cost Effective". Hong Kong's healthcare cost is rising, but higher healthcare cost is not necessarily correlated with higher quality healthcare and better health outcomes. The nursing profession is one of the pillars of the healthcare system and plays a vital role at different horizons. Nurses working at the forefront of healthcare delivery system seek to promote prevention and encourage healthy behaviours; empower patients and their carers to manage their own illness; serve as patient advocates to guide patients across the care continuum; and uphold high professional standards by providing effective, safe and person-centred care. Nurse executives contribute by providing a work environment that is vigilant about quality and safety, and exerting influences on decision making about resource allocation and strategic direction. By building partnership and re-orienting the health system, we can improve the quality of health care while keeping costs down.

I trust that the nurse leaders of The Provisional Hong Kong Academy of Nursing Academy are gearing up to meet the challenges ahead. My best wishes to you all for continued success in improving the health of all.

CONGRATULATORY MESSAGE



Dr. CHEUNG Wai Lun, JP

*Director (Cluster services), Hospital Authority
Advisor, The Provisional Hong Kong Academy of Nursing*

I am most delighted to extend my warmest congratulations to the contribution and accomplishments of The Provisional Hong Kong Academy of Nursing (PHKAN) on the occasion of its Annual Fellowship Conferment cum Celebration of the International Nurses Day 2015.

Nurses are a pivotal part of the healthcare system. Nurses bring people-centered care closer to the communities where they are needed most, thereby helping improve health outcomes and the overall cost effectiveness of services. The rising demand of healthcare, however, largely driven by the heavy and growing burden of non-communicable diseases, is placing a heavy burden on health systems and populations globally. Health services are delivered within the constraints of financial and human resources. Improving the quality of healthcare and access to health services depends largely on the extent to which over 48,000 nurses in Hong Kong are working together in making the mission of care effective possible.

On this special occasion, I offer my sincere gratitude and warmest congratulations to each of the nursing partners for their continuous commitment and strive for advancing professional excellence. I am pleased to commemorate the PHKAN's remarkable achievement in driving the development of nursing professionalism. I also offer my best wishes for the continued success of PHKAN in developing the nursing profession in Hong Kong.

CONGRATULATORY MESSAGE



Ms. HAU Wai Lei Florence

*Chairman, Midwives Council of Hong Kong
Advisor, The Provisional Hong Kong Academy of Nursing*

I am most delighted to extend my warmest congratulations to The Provisional Hong Kong Academy of Nursing (PHKAN) on its Annual Fellowship Conferment Ceremony. Taking this opportunity, I have taken a look at the challenging path that you have gone through over the past few years, and was amazed of your achievements. Step by step, you have established, developed and strengthened the organization and now working towards a statutory status. The PHKAN is now a big family, with 14 Academy Colleges and more than 3000 Fellows as its members. These achievements show the great commitment of your Council to promote and develop the Nursing and Midwifery profession to an advance level. With the dedication and strong cohesiveness of each of you, I am sure the day will come when we could all cherish your success.

This year, the 14 Colleges are working hard to design the specialty training curriculum and examination. I wish you every success in preparing our future advanced nursing and midwifery practitioners, who will contribute to build up a healthier Hong Kong.

CONGRATULATORY MESSAGE



Dr. HUGHES, Frances

*Chief Nursing and Midwifery Officer, Department of Health, Queensland Health
Advisor, The Provisional Hong Kong Academy of Nursing*

It is with great honour that I write this statement of support PHKAN with the 2015 International Nurses Day Celebration. I wish I was able to be with you to celebrate not only this day but also the wonderful work of PHKAN. This years theme is "Nurses: A Force for Change - Care Effective, Cost Effective".

Nurses are the backbone of all health services and systems across the globe. We are renowned for our patient-centred care based approaches. It is time now as the largest clinical workforce to have commensurate influence on our health services to our numbers. We are the ones to lead new models of care to address health disparities, changing demographics in ways that meet the needs of our communities and patients. We must drive creativity and innovation, tackling issues through evidence-based framework. Nurses have the knowledge, expertise and capacity to bring solutions to the health challenges being faced. Research from around the globe is clear; care provided by registered nurses has a clear impact on positive health outcomes of patients. We are cost effective and we need to ensure that we collect data and analyse our services to make the business cases for the expanding role of the RN.

I send you my heartfelt best wishes for this event and congratulate you on your work for the population of Hong Kong. Keep going and striving to deliver the services your communities need.

CONGRATULATORY MESSAGE



Prof. Hon LEE Kok Long Joseph, SBS, JP

Member, Legislative Council (Health Services)

Advisor, The Provisional Hong Kong Academy of Nursing

It is my great pleasure to extend my heartiest congratulations to the International Nurses Day 2015.

This year, with the theme of “Nurses: A Force for Change – Care Effective, Cost Effective”, marks the vision of the nursing profession in Hong Kong.

Over the years, Hong Kong healthcare system has faced changes and challenges. We nurses, as one of the pillars in the healthcare system, are always pledged to dedicate ourselves to strive for excellence in nursing services. The contributions made by nurses on the provision of quality nursing service to the community are to be highly commended.

On this joyful occasion, I would like to express my gratitude on the hard work and dedication of all the members of the Organizing Committee and, in particular, wish our nurses every success in our future endeavors.

CONGRATULATORY MESSAGE



Prof. LEE Tze Fan Diana

*Chairman, Nursing Council of Hong Kong
Advisor, The Provisional Hong Kong Academy of Nursing*

I am greatly delighted to contribute a message in celebration of the 2015 International Nurses Day.

International Nurses Day is celebrated around the world to mark the contributions nurses make to our community. Nurses are the providers of care and the givers of hope. They are the heartbeat of healthcare and their contributions have significantly enhanced the health and well-being of people all around the world.

We have more than 40,000 nurses in Hong Kong and we make up the largest sector of our health care workforce. Together, we are a force for change and our continuous strive for professional excellence will help build a healthier and stronger Hong Kong.

On this happy occasion of celebration, I am pleased to pay tribute to all nurses in Hong Kong and to extend my warmest congratulations to The Provisional Hong Kong Academy of Nursing and the International Nurses Day Celebration Organizing Committee for another year of success in this celebration.

CONGRATULATORY MESSAGE



Prof. LEONG Chi Yan John, SBS, JP
Chairman, Hospital Authority
Advisor, The Provisional Hong Kong Academy of Nursing

臨時香港護理專科學院
院士頒授儀式暨慶祝國際護士節

護之以情
療之以理

醫院管理局主席梁智仁



CONGRATULATORY MESSAGE



Dr. LI Kwok Tung Donald, SBS, OStJ, JP

*President, Hong Kong Academy of Medicine
Advisor, The Provisional Hong Kong Academy of Nursing*

In Hong Kong, the increasing challenges to our healthcare system posed by the growing and ageing population call for conjoint efforts of different healthcare professionals to provide high-value and high quality medical services. The nursing profession plays an integral role in all aspects of health service delivery, promoting an interdisciplinary, collaborative relationship among all healthcare workers which improves the overall quality of healthcare.

On behalf of The Hong Kong Academy of Medicine, it gives me great pleasure to congratulate The Provisional Hong Kong Academy of Nursing (PHKAN) on its accomplishment in training and equipping its Fellows with essential knowledge and skills in relevant disciplines. I would also like to take the opportunity on the celebration of International Nurses Day 2015 to thank PHKAN and dedicated fellow nurses for all their hard work in promoting nursing education and maintaining high quality nursing care.

On this auspicious occasion, may I wish all the nurses every success in their future endeavours.

CONGRATULATORY MESSAGE



Prof. McBRIE, Angela B.

*Distinguished Professor & University Dean Emerita,
Indiana University School of Nursing
Advisor, The Provisional Hong Kong Academy of Nursing*

I deeply regret not being with you in person to commemorate the fourth annual fellowship conferral of The Provisional Hong Kong Academy of Nursing (PHKAN) and celebration of International Nurses Day 2015. I am particularly sad that I will not be with my Hong Kong colleagues to talk in person because I am excited about the progress that the PHKAN is making to advance specialist certification via its 14 Academy Colleges. Many enhancements have been made in building an infrastructure for nurse certification that assures the public of the highest levels of quality care. I applaud how the PHKAN is working with specialty colleges, universities and the full spectrum of clinical settings to provide high-level educational opportunities and clinical experiences. In the process of standard setting, the PHKAN is truly advancing the best in nursing practice, education and research. I wish the PHKAN another successful year to come, striving towards the ultimate goal of reaching the statutory status to regulate advanced nursing practice in Hong Kong!

CONGRATULATORY MESSAGE



Dr. TUNG Sau Ying Nancy

*Cluster Chief Executive, Kowloon West Cluster
Advisor, The Provisional Hong Kong Academy of Nursing*

I am most honored to join you in celebrations for The Provisional Hong Kong Academy of Nursing (PHKAN) Annual Conferment.

While we are having an ageing population, increasing demand as well as rising expectation from the public for quality healthcare pose a lot of challenges to our healthcare professionals. Besides the rapidly advancing medical knowledge and technologies, quality healthcare also embraces holistic patient care as well as patient engagement and empowerment. The dedication of PHKAN in the promotion and organization of specialist nurse training is of paramount importance in pursuit of service excellence especially in the rapidly changing and demanding healthcare environment.

The effort of PHKAN in striving nursing services to the highest possible standard within the resources obtainable is remarkable. This also echoes with the theme for this year's celebration: "Nurses: A Force for Change - Care Effective, Cost Effective."

May I offer you my warmest congratulations, and wish you every success in the coming year.

CONGRATULATORY MESSAGE



Dr. WHITEHEAD, Tanya D.

*Associate Research Professor, University of Missouri - Kansas City, USA
Advisor, The Provisional Hong Kong Academy of Nursing*

Greetings to the leaders and the membership of The Provisional Hong Kong Academy of Nursing, the honored friends of PHKAN from the Government of Hong Kong SAR, and the citizens of Hong Kong.

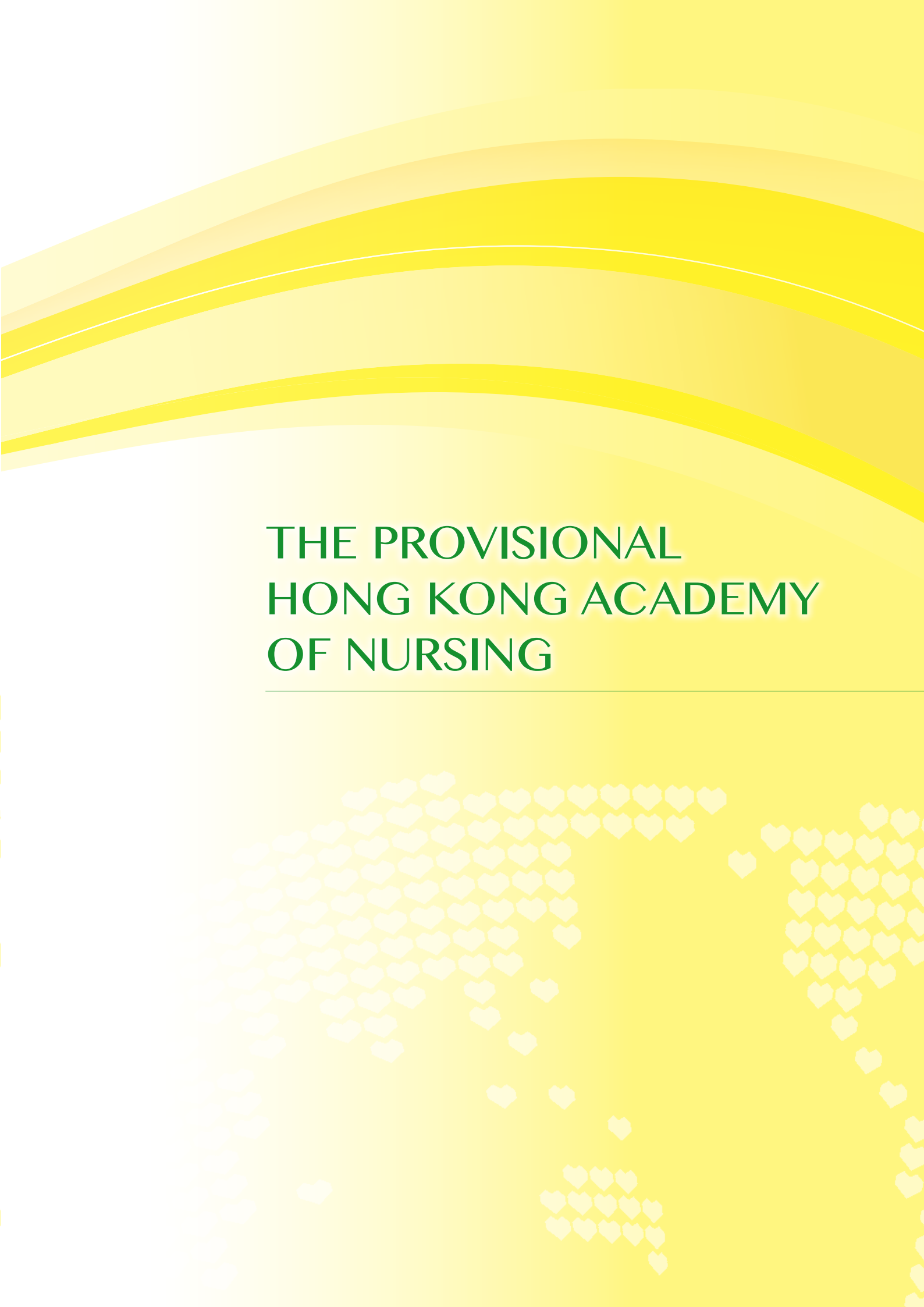
I am most honored to accept the title of Honorary Fellow from The Provisional Hong Kong Academy of Nursing.

The PHKAN is proof that dreams and possibilities in life are endless, when you believe in yourself and work tirelessly towards your goals. And what honorable goals the PHKAN has set! As the premier body of Nursing Accreditation, you have offered protections to the public by regulating the standards of advanced nursing practice, promoted the improvement of 21st Century Healthcare for the citizens of the beautiful city of Hong Kong, promoted integrity and ethical standards of conduct and practice for advanced nursing, fostered the development of advanced practice education and streamlined a process for exchange of knowledge among nurses. All for the benefit of public health.

In its short life, the PHKAN has accomplished amazing work in the field. From the time of my Fulbright service to the PHKAN to the present time, it is a great joy to work with you toward this important goal.

Thank you for bestowing this great honor upon me. It brings me great pleasure.

With highest regards to you all.

The background features a vibrant yellow color with several thick, wavy, horizontal bands of varying shades of yellow and orange. In the lower half, a world map is depicted using a grid of small, light yellow hearts, with the density of hearts increasing in the landmasses.

**THE PROVISIONAL
HONG KONG ACADEMY
OF NURSING**

THE PROVISIONAL HONG KONG ACADEMY OF NURSING

Introduction of PHKAN

The Provisional Hong Kong Academy of Nursing (PHKAN), incorporated in October 2011, is an independent institution to organize, monitor, assess and accredit all nursing specialist training programs and to oversee the provision of continuing specialist nursing education. The PHKAN is charged with the responsibility to regulate the practices of Advanced Practice Nurses to safeguard the public's right to receive safe and quality health care services.

Mission

The PHKAN is to establish the Hong Kong Academy of Nursing which is to promote excellence in nursing and health care in Hong Kong through regulating specialist nursing practice and education.

Objectives

The PHKAN is set with the following objectives as stipulated in the memorandum and articles of association:

1. To promote the advancement of the art and science of nursing;
2. To foster the development of continuing nursing education;
3. To promote integrity, ethical conduct and standards in the practice of nursing and its specialties;
4. To promote the improvement of health care for HK citizens;
5. To foster a spirit of collaboration among nursing and health care practitioners;
6. To facilitate the exchange of information and ideas in nursing and matters concerning the nursing profession.

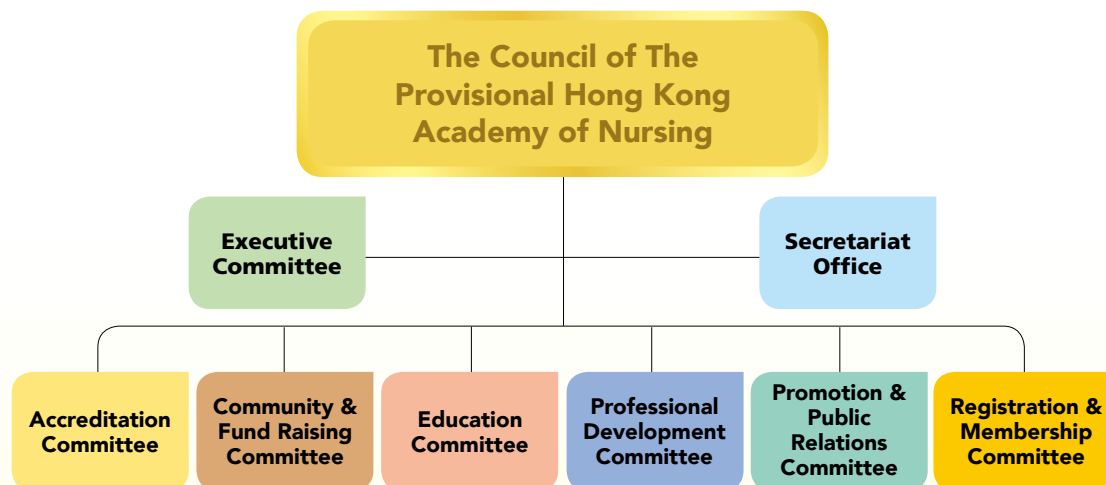
Functions

In order to achieve the above objectives, the PHKAN has the following functions:

1. To set, monitor and enforce the standards of Academy Colleges;
2. To accredit Academy Colleges in reference to the set standards;
3. To support and foster development of advanced nursing practice in Hong Kong;
4. To educate the public regarding the roles and benefits of specialization in nursing.

THE PROVISIONAL HONG KONG ACADEMY OF NURSING

Structure of the PHKAN



Patron

Dr. LEONG Che Hung, GBM, GBS, OBE, JP

Advisors

Dr. CHAN Hon Yee, Constance, JP	Director of Health, HKSAR
Dr. CHEUNG Wai Lun, JP	Director (Cluster Services), Hospital Authority, HKSAR
Ms. HAU Wai Lei, Florence	Chairman, Midwives Council of Hong Kong
Prof. HUGHES, Frances	Chief Nursing and Midwifery Officer, Queensland Health, Australia
Prof. Hon LEE Kok Long, Joseph, SBS, JP	Member, Legislative Council (Health Services), HKSAR
Prof. LEE Tze Fan, Diana	Chairman, Nursing Council of Hong Kong
Prof. LEONG Chi Yan, John, SBS, JP	Chairman, Hospital Authority, HKSAR
Dr. LI Kwok Tung, Donald, SBS, OStJ, JP	Chairman, Hong Kong Academy of Medicine
Dr. McBRIDE, Angela B.	Distinguished Professor and University Dean Emerita, Indiana University School of Nursing, USA
Dr. TUNG Sau Ying, Nancy	Cluster Chief Executive, Kowloon West Cluster, Hospital Authority, HKSAR
Dr. WHITEHEAD, Tanya D.	Associate Research Professor, University of Missouri - Kansas City, USA

Hon Legal Advisor

Mr. HUANG, Garson Lester, JP

Hon Auditor

Mr. CHAN Wai Hei, William

Hon Consultant

Mr. YEN Yuen Ho, Tony, SBS

THE PROVISIONAL HONG KONG ACADEMY OF NURSING

The Council

The PHKAN is an autonomous, professional organization advised by a Council, which is made up of members of academy colleges and lay persons. Each Council Member shall hold office for an initial term of 3 years. Here is the list of the 19 Council Members (2014-15):

President

Vice President

Vice President

Vice President

Honorary Secretary

Honorary Treasurer

Chair of Accreditation Committee

Chair of Community and Fund Raising Committee

Chair of Education Committee

Chair of Professional Development Committee

Chair of Promotion and Public Relations Committee

Chair of Registration and Membership Committee

Members

Dr. LUM Shun Sui, Susie

Ms. LEUNG Sui Kei, Civy

Mr. TSANG Wing Wah

Prof. WONG Kam Yuet, Frances

Mrs. TIEN LUK Sau Kuen, Gloria

Dr. WONG Yee Hing, Esther

Ms. SHAM So Yuen, Alice

Dr. TSO Shing Yuk, Alice

Prof. WONG Kam Yuet, Frances

Ms. LI Ping, Serena

Dr. WONG Yee Hing, Esther

Ms. LAW Siu Ming, Susan

Prof. CHAIR Sek Ying

Mr. CHIU Hak Fai, Alick

Ms. LAM Yin Ming

Ms. LI Yuk Lin, Helena

Ms. LIU Yuk Ling, Elaine

Prof. LOKE YUEN Jean Tak, Alice

Dr. WONG Chi Sang, Martin

Mr. YEUNG Kin Keung, Frederick

Mr. YUEN Chi Man, Anders

THE PROVISIONAL HONG KONG ACADEMY OF NURSING

Membership

1. Institutional Member

PHKAN has recognized 14 Academy Colleges as Institutional Members. These are registered organizations to provide certification of individuals as advanced practice nurses in specialties recognized by the PHKAN.

2. Fellow Members

We have 28 Founding Members who have contributed to the development of the Hong Kong Academy of Nursing Preparatory Committee and the subsequent establishment of the PHKAN.

Advanced Practice Nurses from 14 Colleges were admitted as Fellows under the grandfathering scheme. These are registered nurse / registered midwives with over 15 years in specialized practice and demonstrated significant contribution to specialty service development.

3. Honorary Fellow Members

The PHKAN takes great pride to have admitted renowned individuals as Honorary Fellows who have contributed to the establishment of the Academy and had offered their expertise to enhance the development of professional nursing in Hong Kong.

Achievements and Events in the Past Year

Achievements

1. Charitable Organization Status

After years of commitment and community participation of the Academy and Colleges and with the continuous advice of Mr. Lester Garson Huang, Hon Legal Advisor, we have been awarded the charitable organization status from the Inland Revenue Department, HKSAR Government on 8 January 2015.

2. Participation in Tobacco Control

With the skills and experience learned from the joint projects with Hong Kong Council on Smoking and Health (COSH) in the past two years, the spirit of Nursing Charter in tobacco control is further promoted with our participation in related seminars and activities initiated by COSH.

3. Promotion of PHKAN to the Stakeholders

To promote PHKAN's image and to establish close communication with various stakeholders, meetings with different parties were organized: Dr. Leong Che Hong, Patron; Prof. John Leong, Chairman, Hospital Authority; Dr. Leung Pak Yin, Chief Executive, Hospital Authority; Ms. Jane Liu, Chief Manager (Nursing), Hospital Authority; Mr. Yuen Siu Lam, Chairman, Hong Kong Alliance of Patients' Organizations and many other patient support groups. Valuable support and constructive advice were received from them.

THE PROVISIONAL HONG KONG ACADEMY OF NURSING

4. Education Committee

With the establishment of Education Committee, we are at the stage of confirming the details of the pathway and examination process of the Fellow Members. The Committee is composed of nursing experts of the 14 Academy Colleges, Universities and Department of Health. It is a great step forward for our nurses to further develop through specialist training certification.

5. Hong Kong Academy of Nursing Ordinance

The PHKAN exists for the sole purpose of establishment of the Hong Kong Academy of Nursing (HKAN). She serves an important function to undertake preparatory work in constructing the infrastructure and regulatory mechanism and to make way for the impending HKAN. With the solid ground work achieved in the past years, the PHKAN council has accomplished the important mission. A series of strategic steps have been taken towards the legislative process leading to the Hong Kong Academy of Nursing Ordinance. Strong supports are confirmed from the Government, the patient support groups, the Universities and our nurses. The 5th Draft of Hong Kong Academy of Nursing Bill was submitted to Food and Health Bureau in August 2014 for the request of appointing a Provisional Council in pursuit of the establishment of HKAN.

Events

A charity film show, *The Fish Story*, was organized on 18 September, 2014 at the Hong Kong Polytechnic University Jockey Club Auditorium with enthusiastic support from fellows.

In response to World Health Day initiated by World Health Organization, the annual Health Carnival was held on 11 April 2015 in Telford Square, Kowloon Bay with more than 2000 citizens attending. Booths on health talks, health games and physical assessment were organized. The opening ceremony was highlighted with the participation by Secretary and Under Secretary of Food and Health Bureau, and senior officials from Department of Health and Hospital Authority and many renowned healthcare leaders.

HONORARY FELLOWS

THE PROVISIONAL HONG KONG ACADEMY OF NURSING TAKES GREAT PRIDE TO ADMIT RENOWNED INDIVIDUALS WHO HAVE CONTRIBUTED TO THE ESTABLISHMENT OF THE ACADEMY AND HAD OFFERED THEIR EXPERTISE TO ENHANCE THE PROFESSIONAL NURSING IN HONG KONG.

Ms. CHAN Wing Han, Grace

Mr. CHAN Wai Hei, William

Dr. CHEUNG Wai Lun

Mr. HAR Ying Sang, William

Dr. TUNG Sau Ying, Nancy

Dr. WHITEHEAD, Tanya D.

Mr. YEN Yuen Ho, Tony

HONORARY FELLOWS



Ms. CHAN Wing Han, Grace

The Provisional Academy of Nursing has admitted Ms. Chan Wing Han, Grace as an Honorary Fellow. Ms. Chan began her career in nursing in 1942 when she started nursing training at the Alice Ho Miu Ling Nethersole Hospital. After graduation, she went to the UK to further her studies in nursing administration. Ms. Chan had been the Matron of the Alice Ho Miu Ling Nethersole Hospital and later the Chief Nursing Administrator in the United Christian Hospital (UCH). She was one of the key figures in the establishment of the UCH pursuing "Hospital without Wall".

Ms. Chan was a nurse administrator with foresights. Forty years ago, she already had the view that advanced nursing practice would be beneficial to the health of the community. She pioneered the Nurse Practitioner Scheme and set up the Community Nursing Service in the UCH in the 1970's. Nurse clinic was later formally established in the Hospital Authority.

Ms. Chan was the founding president of the Hong Kong Nurses Association in 1964. She strongly believed the importance of uniting all nurses in Hong Kong together seeking better training opportunities and nursing excellence. Ms Chan also led the Association to become a member of the International Council of Nurses in 1965 through which nurses of Hong Kong reach out to the International arena. The Association was then later renamed as "College of Nursing, Hong Kong" in 1992.

Ms. Chan considered nurses should be the doctor's partner in patient management. She therefore advocated continuing education for nurses to strengthen knowledge and skills in patient care and ward management. With Ms. Chan's initiative, specialty nursing and nursing management training programs were subsequently provided to all Hong Kong nurses through the formerly Hong Kong Nurses Association.

Ms. Chan had significant contributions to the nursing profession and the Hong Kong healthcare system throughout her nursing career.

HONORARY FELLOWS

Mr. CHAN Wai Hei, William



Mr. Chan Wai Hei, William is a partner of Li, Tang, Chen & Co., Certified Public Accountants (Practising). Mr. Chan has been in the accountancy profession for more than 30 years. Mr. Chan is currently a fellow member of the Hong Kong Institute of Certified Public Accountants, an associate member of The Institute of Chartered Accountants in England and Wales, a member of The Society of Chinese Accountants and Auditors of Hong Kong, a fellow member of The Chartered Association of Certified Accountants, a fellow member of The Taxation Institute of Hong Kong, a fellow member of The Hong Kong Institute of Directors and Certified Tax Adviser. He is also an Independent Non-Executive Director of Vanke Property (Overseas) Limited (listed in Hong Kong), a honorable adviser of IT Accountants Association and a member of Investigation Panels of the Hong Kong Institute of Certified Public Accountants. Mr. Chan was the President of The Hong Kong Institute of Accredited Accounting Technicians Limited (which is a wholly-owned subsidiary of the Hong Kong Institute of Certified Public Accountants) from 1992 to 1995 and was a member of the Accounting Training Board-Vocational Training Council.

Mr. Chan has been helping our Academy since the establishment of both the Preparatory Committee, Hong Kong Academy of Nursing in 2006 and the Provisional Hong Kong Academy of Nursing in 2011. His guidance and advice to us has made a significant contribution to the development of the financial arrangement in PHKAN.

HONORARY FELLOWS



Dr. CHEUNG Wai Lun

Dr. Cheung Wai Lun is currently Director (Cluster Services) of the Hospital Authority (HA). His main work portfolio includes overseeing service operation and medical, nursing & allied health clinical grades management and development. In the recent 10 years, Dr. Cheung has played a prominent leadership role in the development of the Nursing workforce in Hospital Authority. Both pre-registration & post-registration nursing training including overseas training have been enhanced. The scope of specialized nursing service training has been expanded. Advanced nursing practices in terms of Nursing Clinics & Nursing Consultant practices have been introduced to the public medical services.

On the clinical side, Dr. Cheung is an expert in Emergency Medicine. He is Fellow of the Royal Australasian College of Medical Administrators, the Hong Kong College of Community Medicine (FHKAM (Community Medicine)), the Hong Kong College of Emergency Medicine (FHKAM (Emergency Medicine)) and the Hong Kong College of Surgery (FHKAM (Surgery)).

Dr. Cheung has been the Advisor of The Provisional Hong Kong Academy of Nursing since 2011.

HONORARY FELLOWS

Mr. HAR Ying Sang, William



Mr. Har Ying Sang, William began his nursing career in 1949, received his training at Queen Mary Hospital, qualified as Registered Nurse in the Hong Kong Nursing Board (now the Nursing Council) with honors in 1952. He was highly praised for his excellence especially in the areas of medical nursing and operating theatre. He was one of the four vanguards chosen to study psychiatric nursing in England in 1955. He was further sponsored to study nursing education for two years and obtained his Diploma from the London University in 1959. He established the first School of Psychiatric Nursing with its first intake of six male students in January 1960. He worked hard not only demanding high standard himself but also enthusiastic in promoting the better understanding of the nature of psychiatric nursing and mental health among other hospital staff and in public. In 1968, it was arranged for Mr. Har to undertake study in nursing administration in Australia. Since 1972 he was assigned the administrative duty responsible for the reform and improvement of psychiatric nursing. He was soon deployed to work in the medical headquarters assisting the authority in the general nursing planning in addition to his supervisory role of psychiatric nursing service. Promoted to CNO (Psy) in 1976 and he was assigned again to take up the additional role of CNO (Edu) in 1978 when it was first created. Acting as the Principal of all Schools of Nursing in the Medical Department until the introduction of regionalization of the health services in 1981, he succeeded in the curricula changes in midwifery and public health nursing. He was one of three appointed Regional Nursing Officers responsible for the nursing service in New Territories Region. In the tenure of his office, he managed with great effort introducing the hourly appointment system and improving overall services in the out-patient clinics till his retirement life. His contributions to the improvement and upgrading of the nursing profession in HK through his devoting services in the Nursing Board and the Hong Kong Nurses Association (now the HK College of Nursing) for over a quarter of a century were widely respected and adored.

HONORARY FELLOWS



Dr. TUNG Sau Ying, Nancy

Dr. Tung Sau Ying, Nancy graduated from the Medical School of the University of HK in 1981 and started her career in hospital management since 1990. She had been Hospital Chief Executives of various hospitals of Hospital Authority and took up the position of Cluster Chief Executive of Kowloon West Cluster and Hospital Chief Executive of Princess Margaret Hospital (PMH) of HA in 2009, managing 8 hospitals and 23 general outpatient clinics, serving a population of around 1.9 million. Being a visionary and inspiring leader, she puts great emphasis on good governance, staff and community engagement, organizational performance, service quality and accessibility. In particular, she devoted much effort in supporting healthcare professional development. She is an active member in The Hong Kong College of Community Medicine and is Advisor of The Hong Kong Academy of Nursing Preparatory Committee and Provisional Hong Kong Academy of Nursing since 2010 & 2012 respectively. Being a strong advocate for research and development in medicine, she established the Clinical Trial Centre in PMH in 2010 to facilitate and promote staff participation in research activities.

Dr. Tung is keen to serve the community. She is Vice-Chair of the Kwai Tsing Safe Community and Healthy City Association and member of the Elderly Commission and Occupational Safety and Health Council (OSHC). She chairs the Safe Community Advisory Committee of OSHC, and plays an important role in fostering the development of safe communities' network in Hong Kong. She also actively contributes her expertise through services to a number of NGOs and part-time teaching in Health Services Management.

She has been the Advisor of The Provisional Hong Kong Academy of Nursing since 2011.

HONORARY FELLOWS

Dr. WHITEHEAD, Tanya D.



Dr. Whitehead, Tanya D. is the Associate Research Professor the University of Missouri-Kansas City, Missouri, USA from 1996 to present. Prior to this position, Dr. Whitehead was a Clinical Instructor in the Department of Psychology, Division of Psychiatry; University of Kansas School of Medicine (1987-1996)

Dr. Whitehead, Tanya D. has extensive experience in developing, teaching, and evaluating face-to-face classroom and online college course work; reviewing for accreditation of higher education course work across disciplines, and in developing, evaluating, and implementing complex federally funded projects. She has an Interdisciplinary doctorate degree in the fields of Education and Psychology, and has earned certification in two areas: 1) as a Specialist in Disability (1993) from the School of Medicine, University of Kansas; and 2) Certificate in Online Teaching and Learning in Higher Education (2010) from the University of Missouri. Her background includes 9 years in clinical practice of psychology, 19 years in higher education teaching and interprofessional continuing education, and over 25 years in research.

Medical areas in which Dr. Whitehead provided psychological counseling and conducted research include the Burn Unit (adult and pediatric), the Craniofacial Team, the Spina Bifida Team, Child Development Unit, and Paediatric Gastroenterology, in the School of Medicine at Kansas University from 1986-1998, and as a Specialist in Disability in outpatient clinical services in the Department of Psychiatry, University of Kansas Medical Center (SOM) 1993-1996.

Dr. Whitehead is a former Commissioner on Accreditation for the American Nurses Credentialing Center, American Nurses Association (2005-2008), and is a Fulbright Senior Specialist for international scholarly exchange served in Hong Kong at The Provisional Hong Kong Academy of Nursing (2008-2009), and as a Advisor since 2009 to present. Currently she serves as a Federal Compliance Reviewer for the Higher Learning Commission, North Central Association of Colleges and Universities.

Dr. Whitehead holds membership of many professional bodies, namely, American Association of University Women, American Association of University Professors, Phi Beta Delta, International Society of Scholars.

HONORARY FELLOWS



Mr. YEN Yuen Ho, Tony

Mr. Yen Yuen Ho, Tony is a solicitor of Hong Kong and United Kingdom. He is also a barrister and solicitor of Australia.

He is a retired civil servant. From April 1994 to March 2007, he was the Law Draftsman of the Department of Justice, HKSAR Government. He was also a member of the Government's Law Reform Commission. He was awarded a Silver Bauhinia Star medal by the Chief Executive of the HKSAR in year 2000.

Mr. Yen is now an Adjunct Professor of the City University of Hong Kong, the Shue Yan University of Hong Kong and the Beijing Normal University. He is an Honorary Court Member of the Hong Kong University of Science and Technology and an Honorary Fellow of the School of Education, Hong Kong University. He is a director of the Hong Kong Institute of Public Administration and two secondary schools.

Mr. Yen has undertaken much public service. He is currently the Vice Chairman of the Government's Social Welfare Lump Sum Grant Independent Complaints Handling Committee and a Panel Member of the Education Bureau's Review Board of School Complaints. Mr. Yen is participating actively in the voluntary social services. He is the Vice President of the Neighbourhood Advice - Action Council and Member of the Executive Committee of the Heep Hong Society. He is also a legal advisor of the Friends' of Scouting, Scout Association of Hong Kong and an honorary advisor to the Pok Oi Hospital.

Most important of all, for the Academy, Mr. Yen is our Honorary Consultant providing a lot of support in drafting the Hong Kong Academy of Nursing Bill that is to be submitted shortly to the authority aiming to regulate advanced nursing in specialty practice in Hong Kong.

ACADEMY COLLEGES





The Hong Kong College of Cardiac Nursing
香港心臟護士專科學院



The Hong Kong College of Community and Public Health Nursing
香港社區及公共健康護理學院



The Hong Kong College of Critical Care Nursing
香港危重病護理學院



The Hong Kong College of Education and Research in Nursing
香港護理教育及科研學院



The Hong Kong College of Emergency Nursing
香港急症科護理學院



The Hong Kong College of Gerontology Nursing
香港老年學護理專科學院



The Hong Kong College of Medical Nursing
香港內科護理學院



The Hong Kong College of Mental Health Nursing
香港精神健康護理學院



The Hong Kong College of Midwives
香港助產士學院



The Hong Kong College of Nursing and Health Care Management
香港護理及衛生管理學院



The Hong Kong College of Orthopaedic Nursing
香港骨科護理學院



The Hong Kong College of Paediatric Nursing
香港兒科護理學院



The Hong Kong College of Perioperative Nursing
香港圍手術護理學院



The Hong Kong College of Surgical Nursing
香港外科護理學院



The Hong Kong College of Cardiac Nursing

Background

With the tremendous advances in knowledge and technology in cardiac care, the role of cardiac nurses has evolved markedly over the past few decades. The Hong Kong College of Cardiac Nursing (HKCCN) was established to promote the continuing development of cardiac nursing. In the last three years, 152 Fellows were conferred by the Hong Kong Provisional Academy of Nursing.

In order to further promote nurses' competence, to improve patient care and to enhance public knowledge in cardiac care/health, the Hong Kong College of Cardiac Nursing has been collaborated closely with the Hong Kong Cardiac Nursing Association to offer around twenty educational and social events every year to nurses as well as to the public.

Upcoming Events

International Conference

The 2nd Cardiac Nursing Conference will be held on 11 July 2015 in Sheraton Hotel, Hong Kong. Topics covering the five sub-specialties of HKCCN will be presented by overseas and local experts.

Selected Courses:

- Certificate Course on Heart Failure Management (CNE pts: 12) to be offered in September, 2015
- Certificate Course on EP Education (CNE pts: 16) to be offered in October, 2015
- 2nd Cardiac Rehabilitation Nurses Program (CNE pts: 10) to be offered in November, 2015
- Certificate Course on Cardiac Surgical (CNE pts: 10) to be offered in December, 2015
- VA ECMO Simulation Program (CNE pts: 13) to be offered in January, 2016

The Council

President Prof. CHAIR Sek Ying

Vice President Ms. HUIE-ROSE Cynthia, Prof. SIT Wing Hung Janet

Hon Secretary Ms. TANG Siu Wai

Hon Treasurer Ms. SUN Man Ping

Council Members Ms. CHAN Miu Ching Cecilia, Ms. CHIU Sin Hing, Ms. HO Kam Tak Camille, Ms. KAN Shuk Ling, Mr. LAI Kam Wai, Ms. LAU Ming Ming Christine, Mr. LEE Yiu Fai Terence, Mr. LI Man Pan, Ms. LO Suk Yee Suky, Ms. TONG Fong Hing, Ms. YEUNG Sim Heung, Mr. YEUNG Wai Kit Wilfred

Subspecialties

Cardiac-Surgery, Cardiac-Medicine, Cardiac-Paediatrics, Cardiac-Rehabilitation, and Cardiac-Perfusion



The Hong Kong College of Community and Public Health Nursing

Mission

HKCCPHN is dedicated to promote excellence and professional standards in community health, public health, primary health care and occupational health related nursing through the core competencies in advanced nursing, quality educational and research based practices.

Background

Established in April 2012, the Hong Kong College of Community and Public Health Nursing has the following objectives:

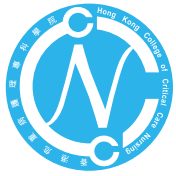
1. To encourage the study and advancement of the science and practice of community and public health nursing in Hong Kong;
2. To develop and maintain the good practice of community and public health nurses by ensuring the highest professional standards of competency and ethical integrity;
3. To set, monitor and enforce the standards of study and practice of community and public health nursing in Hong Kong;
4. To promote integrity and ethical conduct in the practice of advanced community and public health nursing;
5. To facilitate the exchange of information and ideas in nursing and matters concerning the nursing profession;
6. To advise the Hong Kong Government on matters related to health regulations and to advance the health service of the community of Hong Kong;
7. To assist, advise and provide mediation for the members of the College and to assist members in career development.

The Council

President	Ms. LAM Yin Ming
Vice Presidents	Mr. WONG Kin Wing Jimmy, Mr. LAI Kin Bun Godfrey
Hon Secretaries	Ms. CHUI See Man Elizabeth, Ms. LI Chu Chu Dabby
Hon Treasurers	Ms. LEUNG Lee Mui Lily, Ms. CHAN Yuet Ho Kerry
Council Members	Ms. CHAN Siu Yin, Ms. CHEUNG Yuk Hung Kathy Ms. CHIM Chun King, Mr. KAM Chun Kong Geoffrey Ms. KWONG Suk Chun Victoria, Mr. LAI Yuk Wah Ms. LAM Choi Hing Margaret, Ms. LEE Ka Yee Carmen Ms. LEE Lai Ling, Ms. LEE Shuk Ha Ada Ms. PANG Shuk Han, Mr. WONG Siu Lun Ms. YEUNG Sau Ping Grace, Ms YIP Chun Fan Marianna Ms .YIP Lai Ming, Ms. YOUNG Miu Ning Ms. YUEN Yuet Sheung Carol

Subspecialties

Community Health, Public Health, Occupational Health and Primary Health Care



The Hong Kong College of Critical Care Nursing

Background

The Hong Kong College of Critical Care Nursing established on 3 January 2011 dedicated to promote excellence in critical care nursing in Hong Kong through regulating the professional standards of critical care nursing practice, conducting nursing education and promulgating nursing research. It aims at protecting the wellbeing of the community with the following objectives:

1. To promote the advancement of the art and science of critical care nursing;
2. To promote excellence in nursing and health care in Hong Kong through regulating critical care nursing specialists practice and professional boundaries;
3. To define and promote the standards of advanced nursing practice for the critical care subspecialties;
4. To promote integrity, ethical conduct and standards in the practice of advanced critical care nursing and its sub-specialties;
5. To foster the development of advanced critical care nursing education in specialist areas;
6. To provide education to specialist nurses to promote professional and educational advancement in caring for the sick and in giving better service to the community;
7. To provide a high standard of quality care and better service to the community;
8. To protect the public by regulating standards of advanced critical care nursing practice;
9. To advise the Hong Kong Government SAR on matters related to health regulations and to better the health service of the community of Hong Kong.

The Council

President	Dr. WONG Yee Hing Esther
Vice Presidents	Mr. YEUNG Chin Pang Andrew, Ms. KWOK Lai Ping Nora, Mr. LUK Hing Wah, Ms. HO Ka Man, Mr. YU Yin Yip Kenneth
Hon Secretaries	Ms. LUI Ching Yi Carmen, Ms. POON Yuk Chun
Hon Treasurers	Mr. LAU Po Yin Bonnie, Ms. TANG Pui Yi
Council Members	Mr. CHAN Wing Yau, Ms. CHAN Yuk Sim, Ms. CHAU Lai Sheung, Ms. FUNG Mei Wah Flora, Ms. KWOK Wai Ling Phyllis, Mr. LAI Chi Keung Peter, Ms. LEE Yu Sheung, Ms. NG Kit Yee, Ms. SO Hang Mui

Subspecialties

Intensive Care Nursing and High Dependency Care Nursing



The Hong Kong College of Education and Research in Nursing

Background

The Hong Kong College of Education and Research in Nursing was established on 6 March 2012 with the following objectives:

1. To promote the advancement of nursing education and research;
2. To promote excellence in nursing and health care in Hong Kong through regulating standards and practice of nursing education and research;
3. To promote integrity, ethical conduct and standards in the practice of nursing education and research;
4. To promote the improvement of health care for Hong Kong citizens through nursing education and research;
5. To foster the development of education and research in different nursing specialties;
6. To foster a spirit of collaboration and exchange of information and ideas in education and research among nursing and healthcare practitioners.

The Council

President	Prof. LOKE YUEN Jean Tak Alice
Vice Presidents	Dr. LEUNG Sharron Shuk Kam (Education), Dr. LI Ho Cheung William (Research)
Hon Secretaries	Dr. LEE Chu Kee Angel (External), Ms. SZETO Oi Chun Scarlet (Internal), Dr. CHAN Wai Kiu Aileen (Secretarial support)
Hon Treasurers	Mr. CHAN Hin Cheong, Ms. HUI Gladys
Council Members	Program Committee: Prof. CHAN Yip Carmen Wing Han (Chair), Prof. WONG Kam Yuet, Dr. LEUNG Sharron Shuk Kam, Dr. LI Ho Cheung William Professional Development Committee: Ms. CHEUNG Yuk Yin Angela (Chair), Ms. SZETO Oi Chun Scarlet, Dr. LEE Chu Kee Angel Membership & Registration Committee: Mr. KWAN Hung Wai (Chair), Ms. CHAN Nim Chi Cecilia, Mr. CHAN Hin Cheong, Ms. LO Yim Ping Sally Credentialing Committee: Dr. HUNG Chi Chiu (Chair), Ms. HUI Gladys, Ms. LEUNG Lai Ching Examination Committee: Mr. NG Wai Keung Roger (Chair), Prof. WONG Kam Yuet, Dr. LEUNG Sharron Shuk Kam, Dr. LI Ho Cheung William Newsletter Committee: Dr. SO Kwok Wei, Dr. LAI Tze Kwan Theresa Co-opted members: Dr. CHIANG Chung Lim Vico, Dr. WANG Shao Ling, Mr. HA Summer Kong Nam



香港急症科護理學院
Hong Kong College of Emergency Nursing

The Hong Kong College of Emergency Nursing

Background

The Hong Kong College of Emergency Nursing was established on 16 March 2011 with the following objectives:

1. To protect the public by improving the quality of health care and emergency service to the community;
2. To promote the advancement of knowledge of science and art of nursing;
3. To promote integrity, ethical conduct and standards in the practice of emergency nursing;
4. To foster the development of emergency care education;
5. To facilitate the exchange of information and ideas in nursing and matters concerning the health of the public;
6. To collaborate actively with other organizations to improve emergency care.

The Council

President Ms. LI Ping Serena

Vice President Ms. LEE Wun Man Peggy

Hon Secretary Mr. LAU Ping Fat

Hon Treasurer Mr. CHAN Wai Kun

Council Members Dr. CHAN Chi Chung, Ms. CHUNG Yuen Man Josephine, Ms. HO Ka Wai Wendy, Mr. LAM Kai Cheong Harris, Ms. LAW Ling Ching Amy, Mr. LEUNG Chun Pong, Ms. LEUNG Yuen Fan, Ms. LEUNG Yuk Yee Helen, Ms. SHAM Siu Fan Rebecca, Mr. TANG Kam Tim, Ms. TANG Wai Fong, Mr. WONG Kam Yip Stones, Ms. WONG Yin Ching Agnes, Dr. YAU Ching Ying, Ms. YEUNG Kwai Lin

Subspecialties

Nil

Community Services in 2014

1. Provide first aid support and operate a station for basic health assessment for 快樂加油站 at 將軍澳厚德邨馮朗庭紀念劇場;
2. Provide first aid support, CPR & AED demonstration in the Health Carnival 2014;
3. Support volunteer services to the Community Services Center in Tuen Mun Hospital and provide CRP & AED demonstration to community youth in Tuen Mun Hospital.



The Hong Kong College of Gerontology Nursing

Background

Our Founding Association is the **"Hong Kong Geriatric Nurses Association"**, which was established in 1997 by a group of enthusiastic and dedicated gerontological nurses. The Association was renamed as the **"Hong Kong College of Gerontology Nursing (HKCGN)"** in January 2010. Since its inception in 1997, the College has provided a wide variety of educational courses, seminars and workshops that are specific to the care of older people with the aims to raise the awareness of carers and health care professionals with updated knowledge and specialized practices in the nursing of older people. Moreover, our College has been accredited as a Continuing Nursing Education (CNE) Provider since 2006. In May 2012, our College has been officially inaugurated as one of the Academy Colleges. In the past 2 years, we have conferred 104 Fellows under the Grandfathering Scheme of the Provisional Hong Kong Academy of Nursing. Hence, we are focusing on the development of the College Fellowship Program, and continue to promote the high standard of nursing care for older people.

Objectives

1. To enhance the knowledge and expertise in gerontological nursing.
2. To promote understanding, communications and welfare of nurses working for older people;
3. To develop a local identity for Hong Kong nurses who specialized in caring of older people;
4. To initiate and develop continuous gerontological nursing education and nursing research activities.

The Council of 2014 – 2016

President	Mr. YUEN Chi Man Anders
Vice Presidents	Ms. HO Kam Yee Joan, Ms. LOW Pau Le Lisa, Ms. LEE Siu Ching Patricia
Hon Secretaries	Ms. LEUNG Yin Ling Ruth, Ms. CHENG Po Po Peggy
Hon Treasurer	Dr. LAW Po Ka Noble
Council Members	Ms. CHAN Mei Wai, Ms. IP Kam Tin Regina, Ms. LUK Po Chu Bella, Ms. MAK Po Kit Flora, Ms. PANG Chui Ping Phyllis, Dr. PAU Mei Lin Margaret, Dr. SIU Lai Sheung Katherine, Mr. TSANG Kam Wing, Edwin, Dr. YUEN Yuet Sheung Carol

Subspecialties

Contenance Care



The Hong Kong College of Medical Nursing

Background

The Hong Kong College of Medical Nursing was established on 6 January 2011 with the following objectives:

1. To promote excellence in nursing and health care in Hong Kong through regulating medical nursing specialists practice and professional boundaries;
2. To define and promote the standards of advanced medical nursing practice and its specialties;
3. To promote integrity, ethical conduct and standards in the practice of advanced medical nursing and its specialties;
4. To foster the development of advanced medical nursing education in specialist areas;
5. To provide education to the specialist nurses to promote professional and educational advancement in caring for the sick and in giving better service to the community;
6. To protect the public by regulating standards of advanced medical nursing practice;
7. To advise the Hong Kong SAR Government on matters related to health regulations and to better the health service of the community of Hong Kong.

The Council

President Ms. Helena LI

Vice Presidents Ms. Maggie CHAN, Ms. Winnie CHENG, Ms. Angela KWOK,
Ms. Cindy LAM, Ms. Conita LAM, Ms. Ellen YEUNG

Hon Secretaries Ms. Gloria CHIU, Ms. Eva HO

Hon Treasurers Ms. Shimen AU, Mr. Walen LEUNG

Council Members Ms. Kristy CHAN, Ms. Veronica HUNG, Ms. Ki Tsing KO,
Ms. Fanny NG, Ms. Bonnie TAM, Ms. Karen WONG

Co-opted Members Mr. Kelvin CHENG, Ms. Rita CHUNG, Ms. Salina FAN, Ms. Erika HUI,
Ms. LEE Pik Fun, Mr. MAK Kin Shing, Ms. NG Yuen Bing

Subspecialties

Advanced Medical Nursing, Chinese Medicinal Nursing, Diabetes Nursing, Haematology Nursing, Infection Control Nursing, Infectious Disease Nursing, Neurology Nursing, Oncology Nursing, Palliative Nursing, Renal Nursing, Rehabilitation Nursing, Rheumatology Nursing, Respiratory Nursing



The Hong Kong College of Mental Health Nursing

Background

The Hong Kong College of Mental Health Nursing was established on 22 May 1998 with the following objectives:

1. To contribute to the promotion of mental health of the Hong Kong society through involvement in policy development and efforts in raising the standard of mental health nursing practice;
2. To organize professional development activities for promoting professional competence of mental health nurses in Hong Kong;
3. To affirm and promote the professional status of mental health nursing in Hong Kong.

Office Bearers

President	Mr. YEUNG Kin Keung Frederick
Vice President	Mr. MAK Kwok Fung Michael
Hon Secretaries	Ms. TO Yuen Fung, Ms. NG Mei Sum Michelle
Hon Treasurers	Ms. WU Wai Kin William, Ms. FUNG Pui Yi Regina
Council Members	Ms. LEE Wai Fun, Mr. HUI Tsz Pan, Mr. LAU Yau Chan, Mr. SHUN Kwok Wah, Mr. TANG Cheuk Kin

Subspecialties

Adult Psychiatric Nursing, Learning Disabilities Nursing, Child & Adolescent Psychiatric Nursing, Psychiatric Rehabilitation Nursing, Community Psychiatric Nursing, Psychogeriatric Nursing, Substance Abuse Nursing, Psychiatric Consultation Liaison Nursing, Forensic Mental Health Nursing



The Hong Kong College of Midwives

Background

The Hong Kong College of Midwives has been established since 2012 with the objectives of upholding advancement of the provision of education and training; and developing as well as maintaining the good practice of midwifery by ensuring the highest professional standards of competence and ethical integrity. Our College had 13 Council members, and 8 Fellow members had been invited to join the Council as co-opted members. Under the Council, there are 4 committees and one subcommittee; each of the committee / subcommittee has their terms of reference and membership clearly delineated.

We have total 198 fellow members conferred in the last 3 years. In the coming years, the College will focus on the professional development of midwives through Fellowship training programme and best practice and professional standards in midwifery practice.

Structure of the College

Honorary Advisor	Dr. TANG C H Lawrence
Honorary Legal Advisor	Mr. CHU, Sam
Auditor	Mr. KAM, Eddie

Council Membership

President	SHAM So Yuen Alice
Vice Presidents	LAI Chit Ying, LEE Lai Yin Irene
Hon Secretaries	CHAN Hei Kiu, CHEUNG Mei Yee Daisy
Hon Treasurers	MAN Bo Lin Manbo, LAM Shuk Ching Iris
Council Members	CHAU Mo Ching Macy, MAU Lai Fan Elaine, POON Miu Ho, SIU Sau Mei Esther, TANG Pey Leng, WONG Suk Man Sandra

Co-opted members

LAM Chi Oi Christine, LAM Kit Yee, LAU Sin Hung, NG So Man, TSOI Yuen Yee Candy, WONG Kwai Fong, WONG Siu Ching, YIM Chee Sian Vera

Committees & their Chairmen

Education Committee	SIU Sau Mei Esther
Professional Development Subcommittee	CHAU Mo Ching Macy
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HK College of Nursing and Health Care Management

Mission of HKCNHCM

The College will provide the professional platform with 4 majors theme (Policy, Research, Education, Practice) in relations to nursing management for nursing managers who are qualified Nursing Fellows accredited by the College in contributing to the nursing excellence for the betterment of healthcare in Hong Kong. Since the establishment in 2012, the College now have over 140 accredited Fellows of Nursing and Health Care Management in total under the PHKAN.

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Subspecialties

Nil



The Hong Kong College of Orthopaedic Nursing

Background

The Hong Kong College of Orthopaedic Nursing was established in March 2012 with the following objectives:

1. To promote excellence in nursing and health care in Hong Kong through regulating orthopaedic nursing specialists' practice and professional boundaries;
2. To conduct nursing education, promulgating nursing research, define and endorse the standards of advanced nursing practice for the orthopaedic specialty;
3. To collaborate with other nursing colleagues in local context and overseas to advance professional development.

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Subspecialties

Foot & Ankle, Hand, Joint Arthroplasty, Paediatrics, Rehabilitation, Spine, Sports and Trauma



The Hong Kong College of Paediatric Nursing

Background

The Hong Kong College of Paediatric Nursing was established on 6 January 2012 with the following objectives:

1. To oversee and promote the advancement of the art and science of Paediatric nursing;
2. To define and promote the standards of advanced nursing practice for the Paediatric subspecialties;
3. To assess, organize, monitor and accredit the Paediatric nursing training programs;
4. To develop the professional standards for advanced Paediatric nursing practice;
5. To arrange examinations for eligible candidates to be accredited as advanced practice nurses;
6. To promote excellence in nursing and health care in Hong Kong through regulating Paediatric nursing and professional development;
7. To promote integrity, ethical practice and standards in advanced Paediatric nursing.

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The Hong Kong College of Perioperative Nursing

Background

The Hong Kong College of Perioperative Nursing was established on 19 March 2012 with the following objectives

1. To promote the advancement of perioperative nursing;
2. To promote, foster, develop and assist medical and allied professions in the study of and acquisition, dissemination and application of knowledge and information concerning perioperative nursing;
3. To furtherance of the objects of the College to encourage, stimulate and aid research in perioperative nursing;
4. To stimulate public interest and provide public education in perioperative nursing and their related problems and to assist in keeping the medical profession in Hong Kong up to date in the latest developments in the field of medical and scientific research in perioperative nursing;
5. To encourage, assist and arrange for medical professionals, scientists, students and others to come to Hong Kong for the purposes of research and study and for the purposes of teaching and demonstrating theory and practice relating to perioperative nursing;
6. To encourage, assist and arrange for the medical professionals, nurses, scientists, students and others to travel abroad and engage in research study and training and to gain experience in modern methods of perioperative nursing;
7. To encourage, arrange for and assist students, medical professionals, nurses, scientists and others from Hong Kong and from abroad to undertake research in the perioperative nursing and to acquire training in methods of research in fields of perioperative nursing;
8. To advise The Provisional Hong Kong Academy of Nursing (PHKAN) and the Government on the registration and qualification standard regarding admission of fellowship matters.

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Subspecialties

Perioperative Nursing, Endoscopy Nursing, Pain Management, Extracorporeal Circulation Perfusion, Sterile Supply Service



The Hong Kong College of Surgical Nursing

Background

The Hong Kong College of Surgical Nursing, established on 28 December 2010, is dedicated to promote excellence and professional standards in surgical nursing through regulating of advanced nursing practice and education; and conducting research, with the following objectives:

1. To support professional development of surgical nursing;
2. To promote the advancement of the art and science of surgical nursing;
3. To define and promote the standards of advanced nursing practice for the surgical specialties;
4. To protect the public by regulating standards of advanced surgical nursing practice;
5. To facilitate the exchange of information and ideas in surgical nursing and matters concerning the nursing profession locally, nationally and internationally.

Office Bearers

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Subspecialties

Surgical Nursing, Breast Care Nursing, Burn & Plastic Nursing, Cardiothoracic Nursing, Colorectal Nursing, Ear, Nose & Throat Nursing, Enterostomal Therapy Nursing, Gynaecological Nursing, Hepato-biliary & Pancreatic Nursing, Neurosurgical Nursing, Ophthalmic Nursing, Organ Transplant Nursing, Urological Nursing, Vascular Nursing

NURSING SYMPOSIUM

Nurses: A Force for Change - Care Effective, Cost Effective
護士：變革的動力 - 關愛為根 效益為本



Nurses' Training, Education & Specialization

Professor LEONG Chi Yan John, SBS,JP

Chairman, Hospital Authority, Hong Kong

Our healthcare services have been delivered through a multi-disciplinary team approach engaging doctors, nurses, allied health professionals and supporting healthcare workers. In the Hospital Authority (HA), the nursing staff group contributes to over 30% of our total workforce. Training and education of this group of key players is vital to the quality of our healthcare services.

The nursing education in Hong Kong has come a long way since late 1890s. With the changing environment in a century, nursing education has evolved from only hospital skill-based training to include tertiary education.

The model of nursing education and development has also closely tied with the nursing manpower supply in HA. Apart from the post-registration career advancement within HA, there is also a need to look into further development of this profession. While there are substantial driving forces towards the direction of specialization, it is critical to discuss to what extent the profession shall go for.

凝聚力量 謀求發展

Gathering Strength, Seeking Development

李秀華博士

中華護理學會理事長

According to the International Council of Nurses (ICN), there are four fundamental responsibilities, namely, to promote health, to prevent disease, to restore health, and to alleviate suffering. Nowadays, nurses are facing two main challenges of ageing population and increasing chronic diseases of high complexity.

The nurses, gather together forming the Regulatory Body, can undertake the government responsibilities in setting the nursing standards and standardizing the training of specialist practice to ensure the safety of patients.

The development of professional nursing is

- being enhanced by improving the Tristate system of nursing education
- exploring the vitality of nursing science
- exploring the enterprise group management of the nursing magazine
- facilitating the international exchange and cooperation

The development of health services can be further enhanced by the application of Informatics Technology.

The CNA will make the 13th five-year plan with a widened perspective to promote nursing development.

護患合作改善鼻咽癌患者 放射治療吞咽功能依從性效果觀察

范育英女士

中山大學附屬腫瘤醫院鼻咽科護士長

研究背景：調強放射治療是鼻咽癌主要的治療方法，但由於調強放射治療對原發灶及頸部的高劑量的射線不可避免地會損傷咽部的粘膜、腺體、肌肉、神經及臨近的顛頷關節，進而干擾上述正常吞咽功能的完成，從而引發不同程度的吞咽功能障礙。洪金省等^[1]對 169 例鼻咽癌放療後存活 5 年以上患者進行問卷調查，其中吞咽有困難發生率 76.9%，舌咽神經或迷走神經損傷後出現咽反射和軟齶反射消失、病側軟齶上提障礙、導致食物無法順利推送入食管，滯留於口咽，產生鼻腔返流、飲水嗆咳、聲嘶、誤吸，誤咽，甚至吸入性肺炎，引起脫水和營養不良。同時，吞咽困難使患者失去進食的樂趣，嚴重者吞咽和吸氣困難，也使患者不得不長期鼻飼，給患者帶來極大的肉體和心理上的痛苦，甚至給其重返社會帶來極大的不便，影響患者生命品質，也增加患者家庭及社會的負擔^[2-4]。臨床上患者不同程度的認為放射治療和化療結束疾病痊癒，患者沒有接受康復訓練，至吞咽困難再進行系統康復治療時，喪失恢復的最佳康復訓練的時間，而且嚴重吞咽困難只能通過手術解決，這種有創傷性的方法無疑會影響患者疾病的康復，吞咽困難通過手術治療的效果也是甚微^[5]，其關鍵在有效預防，預防包括康復訓練和治療方式的改進。但如何提高鼻咽癌調強放射治療後患者吞咽功能訓練依從性是護理人員必須面對的問題。

目的：為改善鼻咽癌調強放射治療患者吞咽功能的依從性，開展護患合作，收集患者吞咽功能訓練不能按計劃進行功能訓練的原因，利用魚骨圖進行原因分析，設定目標，制訂及實施對策。

方法：（1）加強護士的培訓考核；（2）加強吞咽功能訓練健康教育；（3）完善宣教資料及物品；（4）建立家庭支援系統；（5）個性化康復訓練計劃。

結果：實施 6 個月後，患者吞咽功能訓練依從性明顯優於活動前：對功能訓練完全依從的患者由活動前的 35% 提高至活動後的 73%（ $P < 0.05$ ），對功能訓練部分依從的患者由活動前的 45% 下降至活動後的 20%（ $P < 0.05$ ），對功能訓練不依從的患者由活動前的 20% 下降至活動後的 7%（ $P < 0.05$ ）；活動前患者對功能訓練的滿意度為 65%，活動後達到預期目標值 95%。

結論：開展護患合作鼻咽癌放射治療患者吞咽功能訓練，有利於提高患者功能訓練依從性及患者對功能訓練的滿意度，為患者出院後的康復提供良好的基礎，延伸護理服務，體現了優質護理服務的內涵。

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高危妊娠孕婦焦慮、 抑鬱與社會支持的相關性研究

黃潔薇女士

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背景： 高危妊娠是指在妊娠期間由於某些可能危害孕婦或胎兒健康的致病因素、併發症或合併症，引致母親、胎兒、新生兒發病、死亡或難產危險性增高的妊娠^[1]。孕婦妊娠期的不良心理狀況不僅影響產程安全和分娩品質，可以導致新生兒出生低體重和早產兒，及對嬰幼兒智力、情緒和行為發展造成負面影響，增加孕婦產後抑鬱症的發生率^[2,3]。社會支持具有緩衝壓力對個體的影響，保護在應激狀態下的個體，並對維持一般良好的情緒體驗，保持和促進個體身心健康有重要的作用^[4]。

目的： 描述澳門高危妊娠孕婦焦慮、抑鬱以及社會支持的情況；探討澳門高危妊娠孕婦焦慮、抑鬱狀況與社會支持的相關性；探討澳門高危妊娠孕婦焦慮、抑鬱的影響因素。

方法： 採用描述性相關性研究方法，應用自編一般資料調查表、焦慮自評量表 (SAS，以 50 分為界)、愛丁堡產後抑鬱量表 (EPDS，以 13 分為界)、及社會支持評定量表 (SSRS) 組成問卷，以非概率性取樣的便利取樣方法，從 2012 年 07 月至 2012 年 10 月，在澳門仁伯爵綜合醫院高危妊娠門診內，向妊娠中晚期的高危妊娠孕婦進行問卷調查。

結果： 220 名高危妊娠孕婦具焦慮心理 24.1%，抑鬱心理 15.9%。焦慮、抑鬱與社會支持呈負相關關係 ($r=-0.289$ 、 $r=-0.292$ ， $P=0.01$)。採用多因素 logistic 回歸分析，自覺健康狀況 ($P=0.001$)、SSRS 社會支持評分 ($b = -0.11$ ， $OR=0.90$ ， $P<0.001$) 對焦慮的影響有統計學意義。另自覺健康狀況 ($P=0.003$)、不良分娩史 ($P<0.001$)、SSRS 社會支持評分 ($b = -0.08$ ， $OR=0.92$ ， $P=0.016$) 對抑鬱的影響有統計學意義。

結論： 澳門高危妊娠孕婦存有焦慮、抑鬱互相影響的心理。在社會支持中，以主觀支持最佳，其次是客觀支持，對社會支持的利用度最低。社會支持與焦慮、抑鬱具相關性，自覺健康狀況、社會支持是澳門高危妊娠孕婦產生焦慮、抑鬱的主要影響因素。社會支持水準越高，發生焦慮、抑鬱的危險性越低。良好的社會支持可以舒緩焦慮、抑鬱情緒，減輕焦慮、抑鬱對高危妊娠孕婦的危害。

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Care Effective, Cost Effective: Advanced Nursing Practice in Colorectal Nurse Clinic

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Background: Colorectal cancer (CRC) is the first most common cancer in Hong Kong with 4563 new cases and 1903 deaths in 2012^[1]. With the increased public awareness and the increased incidence of colorectal cancer to an extent that cannot not be met by existing facilities, since 2012, the Colorectal Specialist Nurse designed and started the new cancer care service to meet the service demand.

Objectives: This study aimed: (1) to describe the process and importance of establishing a nurse cancer clinic for the benefit of patient; (2) to evaluate the outcomes of the clinic.

Methods: A colorectal specialist nurse established the nurse cancer clinic in Specialist Out-Patient Department (SOPD) of QMH. Patients with newly diagnosed colorectal cancer were fast tracked to the nurse clinic with an initial appointment. Comprehensive nursing assessment, preoperative surgery workup preparations, required imaging/ endoscopy service or referral consultations were provided promptly. Detailed explanations on general management plan were provided to the patients and then they were arranged to see the colorectal specialists on coming week with all necessary workups ready. Definite treatment plan could then be decided promptly.

Results: From 2012 to 2014, 420 patients (259 male and 161 female) with newly diagnosed colorectal cancer at the mean age of 65.17 (21-89) year-old attended the nurse clinic. They were seen within 1 week from confirmed cancer diagnosis. The nurse clinic helped to shorten SOPD consultation waiting time to 2 to 3 weeks, surgery workup time to 3 to 4 weeks and reduce 66.7% SOPD unnecessary outpatient attendance. Nevertheless, the early workup and treatment plan provided also enhanced patients' satisfaction.

Conclusion: With the increase in the number of colorectal cancer patients managed through QMH's nurse clinic, patients are benefited by enhanced cancer service on optimization of prompt patient care, shortening consultation and avoiding unnecessary outpatient attendance and surgery time. Hence, care and cost effectiveness on patient care could be achieved!

[1] Reference: Hong Kong Cancer Registry 2012, Hospital Authority

腫瘤化療患者自我效能影響因素及其護理干預成效研究

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背景：美國心理學家 Bandura 提出的自我效能核心概念指出^[1]：人們對自己能力進行衡量與評價的結果即為自我效能；而這種結果又轉而調節人們對行為方式的選擇、投入努力的程度和大小、並且決定他們在特定任務中所表現出的解決問題的能力^[2]。因此，自我效能的功能主要是調節和控制行為，並通過行為調控影響行為結果。國外的一些報導顯示^[3]，加強患者健康知識的獲取與掌握以促進患者的自我效能，從而建立良好的健康行為，這些均有助於改善患者的疾病症狀，預防和減少併發症的發生；國內有研究顯示：提升腫瘤患者自我效能，能夠減少化療給患者帶來的噁心嘔吐等不適，提高患者的生存品質^[4]；但關於腫瘤化療患者自我效能影響因素、針對其影響因素給予自我效能的護理干預及其成效相關性研究未見報道。

目的：探討腫瘤化療患者自我效能的影響因素並實施護理，分析其成效，為臨床形成系統的、有效的自我效能護理干預模式提供科學依據。

方法：選擇已行 3 個療程、6 個療程化療的患者各 60 例，應用中文版一般自我效能感量表（GSES），結合腫瘤疾病特點的調查表，進行其自我效能影響因素調查；針對每個影響因素各自選取充足的研究對象實施自我效能護理干預並與傳統護理方法進行對比研究。

結果：採用逐步多元回歸法分析，該模型的 R 值為 0.964，R² 值為 0.930，P<0.05；方差分析表：F 值為 513.92，P<0.05；化療患者自我效能與化療週期、化療性嘔吐、骨髓抑制程度的偏回歸係數分別為 -7.09、-1.08、-1.27，P 值分別為 <0.01、<0.05、<0.05。實施自我效能護理干預後，觀察組的化療性嘔吐護理有效率為 94%，對照組為 78%，P<0.001；化療骨髓抑制知識知曉率觀察組為 92.29%，對照組為 65.83%，P<0.05。

結論：化療患者自我效能的影響因素為化療週期、化療嘔吐及骨髓抑制程度；自我效能護理干預對促進化療性嘔吐治療的療效、減輕化療性嘔吐反應、提高患者掌握化療骨髓抑制的預防及應對知識的效果明顯；臨床護理可以通過自我效能模式的有效干預，達到醫患攜手保障患者化療安全性、降低化療痛苦、提升患者生存品質的目標。

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澳門社區 2 型糖尿病患者自我照顧行為與生活質量相關性研究

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背景：2 型糖尿病是一種持續進展複雜的慢性疾病，若得不到適當的照護，會引起全身多個器官具有不可逆的病變，甚至導致永久性殘障，生活質量受到嚴重影響，醫療經費開支高企。美國糖尿病學會一向強調糖尿病個案執行自我照顧行為，以減少疾病合併症帶來的身心功能與生活質量改變^[1]。Maddigan^[2] 驗證 2 型糖尿病個案的自我照顧行為和健康相關生活質量有直接正相關。陳美君^[3] 研究指出糖尿病患者過多的因應策略卻導致生活質量變差，連帶疾病壓力更大。故應降低患者疾病壓力感受及採用有效的因應策略，以達到良好的生活質量。因此，糖尿病個案自我照顧行為與生活質量之關係仍需進一步檢視。美國著名護理理論家奧瑞姆 (Dr·Orem) 在 1971 年提出了“自理理論 (The theory of Self-care)”，護士應根據患者的自我照顧需要的不同而分別採取三種不同的護理系統：全代償系統、部份代償和支援 - 教育系統^[4] 護理介入為了幫助人們提高自我護理能力，將此理論用於社區中 2 型糖尿病患者護理工作的各個階段中，有助於護士全面瞭解患者病情，使護理干預更完整，通過對患者進行衛生教育及健康指導，有助於患者進行有效的自我照顧，提高其生活質量。

目的：描述澳門社區 2 型糖尿病患者自我照顧行為和生活品質的情況；探討 2 型糖尿病患者自我照顧行為和生活品質的影響因素；探討 2 型糖尿病患者自我照顧行為和生活品質的相關性。

方法：採用描述性相關性研究方法，糖尿病自我照顧量表 (DSC) 和 2 型糖尿病患者生活品質量表 (DMQLS) 於 2012 年 3 月至 6 月分別調查澳門社區 2 型糖尿病患者自我照顧行為和生活質量狀況。

結果：113 名 2 型糖尿病患者自我照顧行為總體平均分 92.06 ± 17.59 ，自我照顧行為的主要影響因素包括：患病時間 (年) ($F=2.53$ ， $p<0.05$)，血壓值 (收縮壓) 與自我照顧行為負相關 (b 標化 = -0.189 ， $P<0.05$)，生活品質的總體平均分 249.02 ± 43.76 ，自我照顧行為與生活質量具有相關性 ($r=-0.516$ ， $p<0.05$)。

結論：澳門社區 2 型糖尿病患者自我照顧行為屬中等水準，主要影響因素包括患病時間 (年)、血壓值 (收縮壓)。患病時間 (年) 較短、血壓值 (收縮壓) 趨向正常者，其自我照顧行為水準較高。生活品質的 5 個維度中，以社會維度為最優，心理維度為最差。自我照顧行為與生活質量得分呈負相關，表示自我照顧行為水準越高，生活質量越好。

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Multidisciplinary Urological Management Program for Geriatric Orthopaedic Trauma Patients with Urinary Retention – reduce urinary catheter time and catheter related urinary tract infection

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Introduction: Urinary retention is common among geriatric orthopaedic trauma patients. There is a belief that geriatric orthopaedic trauma patients with urinary retention will end up in long term urinary catheter. The urinary catheter impedes recovery, carries a high risk of catheter associated urinary tract infection, and prolongs hospitalization. It urges a better way to manage this cohort of patients.

Objective: Design a unified protocol among different disciplines to make full utilization of resources and to reduce the waiting time for patients in receiving quality urological care.

Methodology: Both male and female patients who were age ≥ 65 , admitted to orthopedic wards for lower limb fractures, developing urinary retention from 28-7-2011 to 19-10-2012 were included. Those who had active urinary tract infection (UTI), obstructive uropathy or urolithiasis were excluded. The patients then followed a nurse-led "Trial Without Catheter" (TWOC) protocol in receiving the urological care by multi-disciplinary approach.

Results: There were 103 patients' data available for analysis. The mean age was 85.81. There were 43 male patients and 60 female patients. The successful TWOC rate at 30 days, 90 days and 365 days were 10%, 67% and 83% respectively. Excluding the failure of TWOC due to patient mortality, the successful TWOC rate was up to 94.6%. At 90 days, unsuccessful TWOC patients are 37.196 times more likely to suffer from UTI than those successfully TWOC ($p < 0.001$). The total length of hospital stay was positively correlated with the time to achieve successful TWOC ($p = 0.011$, correlation coefficient = 0.049). Age was not a predictor for the outcome of successful TWOC ($p = 0.443$).

Conclusions: The TWOC service is a multi-disciplinary program, for geriatric orthopaedic trauma patients with urinary retention, which shortened urinary catheter time from > 59 weeks to 90 days on average. The nurse-led TWOC services helped in reducing UTI among patients and also the total length of stay in hospital. Moreover, it also speeded up urology clinic first appointment from 59 weeks to 16 weeks.

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Date: 9 May 2015 (Saturday)

Time: 2:00 pm - 6:00 pm

Venue: Auditorium, 3/F, Kowloon Bay International Trade and Exhibition Centre

Officiating Guests

Dr. KO Wing Man, BBS, JP

Secretary for Food and Health, HKSAR

Dr. LEONG Che Hung, GBM, GBS, OBE, JP

Patron, The Provisional Hong Kong Academy of Nursing

PROGRAM RUNDOWN FOR CONFERMENT

1:30 pm

Reception and Video Show

2:00 pm

Entrance of Academic Procession

Introduction of Official Platform Party

Welcome Address by President

Congratulatory Remark by Secretary for Food and Health

Word of Encouragement by Professor Hon LEE Kok Long Joseph

Address by Patron

Conferment of Honorary Fellows

Vote of Thanks

Group Photo

3:00 pm

End of Ceremony

PROGRAM RUNDOWN FOR NURSING SYMPOSIUM

3:15 pm

Opening Speech by President

Word of Inspiration by Prof. LEE Tze Fan Diana

Presentation of Souvenir

Keynote Speeches

Prof. LEONG Chi Yan John, SBS, JP

Chairman, Hospital Authority, Hong Kong

Dr. LI Xiuhua

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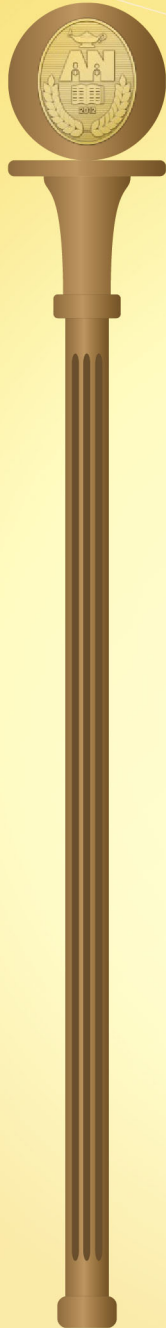
Paper Presentations

Q&A

Closing Remarks

6:00 pm

End of Symposium



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